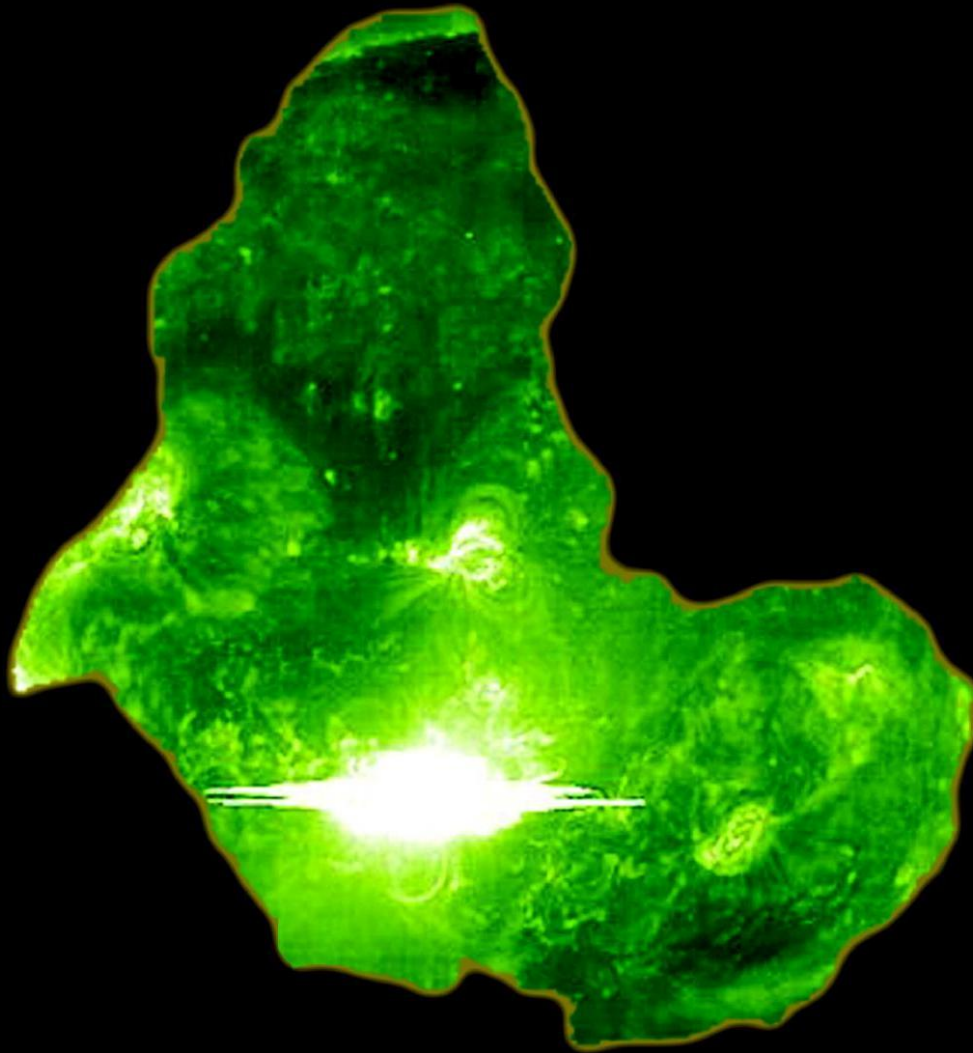


AFURAKA AFURAITKAIT

NANASOM NHOMA

AFURAKANI/AFURAITKAITNIT ANCESTRAL RELIGION JOURNAL



\$5.00

NHOMA KWESI OBUEAKWAN
AKWASIDAE A ETO SO NSON

NHOMA 1, AKWASIDAE 7, 13007 (2007)

AFURAKA/AFURAITKAIT

(Ah'-foo rah kah' / Ah'-foo rah'-ette kah'-ette)

Nanasom Nhoma

Afurakani/Afuraitkaitnit (African) Ancestral Religion Journal

Nhoma Kwesi Obueakwan, Akwasidae a eto so Nson

Nhoma 1, Akwasidae 7, 13007 (2007)

AFURAKA/AFURAITKAIT Nanasom Nhoma is an **nhoma** (n'-hoh-mah), a journal, focused on **Afurakani/Afuraitkaitnit Ancestral Religion**.

Nanasom (nah'-nah sohm) is the term we utilize as a description of **Afurakani/Afuraitkaitnit (African) Ancestral Religion**. In the **Twi** language of the **Akan** people of Ghana and Ivory Coast, **Nana** is a gender-neutral title representing the highest office in society. It is also a term used to denote Grandmother, Grandfather, Elderess, Elder, venerable Ancestress and venerable Ancestor.

Nana is further defined in **MATE MASIE The Ancestorhood of Nana Yao** by Kwesi Ra Nehem Ptah Akhan:

*"...**Nana** (nah'-nah) is a term used in Akan culture describing the highest office attainable in society by an individual. Often translated as Elder or Elderess, the term embodies much more. A Nana in Akan culture is one who has mastered life---one who has recognized, embraced and executes the Divine function they were given by the Supreme Being to execute in the world. A Nana is one who participates in the ritual incorporation of Divine Law and the ritual restoration of Divine Balance, the essence of Afurakani/Afuraitkaitnit (African) Ancestral Religion. The qualities of wisdom and intelligence, those qualities which enable one to understand what to accept and what to reject, what to love and what to hate, the difference between Order and disorder and how to function in life accordingly, are embodied by the Nana in Akan culture. The Nana is one who harmoniously negotiates the needs of the individual with the needs of the group in society. This is executed with a keen eye on the development and preservation of the whole. Rooted in an in-depth understanding of the function (destiny) of the individual and the function of the Clan as they relate to our place in Creation, the Nana naturally becomes an example for others to emulate.*

Nana is a title given to individuals, male or female, who embody these principles. Yet, the title is first and foremost part of the title of the Supreme Being. Nyame (God) is often called Nana Nyame and Nyamewaa (Goddess) is often called Nana Nyamewaa. The Akan, as well as all Afurakani/Afuraitkaitnit (African) cultures have a proper understanding of the nature of the Supreme Being as consisting of the Great Father and the Great Mother functioning together as One Divine Unit. In Akan culture the various Abosom (Deities/Divine Forces of Nature---Children of the Supreme Being) also carry the title Nana. The same is true of the Honored Ancestresses and Ancestors, or Nananom Nsamano---Those who sit at the "feet" of the Great Mother and the Great Father in the spirit world now, because they lived in harmony with the Great Mother and the Great Father while they lived on Earth. They were/are therefore endowed by Nyamewaa-Nyame (the Supreme Being) with the power to assist and guide their descendants on Earth in the present, as we sometimes lose our way.

The title Nana carries great weight, even Divine qualities, thus only those who have demonstrated their worthiness of this title are properly addressed as such. Fundamentally, they have become part of a Divine community after having attained a certain level of spiritual cultivation..."

The **Twi** term **som** means *to serve*. The term **Nanasom** thus means: *to serve Nana; the service of Nana*. This encompasses the reality of Afurakani/Afuraitkaitnit Ancestral Religion, for our Greatest Ancestress and our

Greatest Ancestor, our Greatest Grandmother and our Greatest Grandfather, our Greatest Elderess and our Greatest Elder as Afurakani/Afuraitkaitnit people is **Nana Nyamewaa** and **Nana Nyame**. As “cells” within the Great Divine “Body” of The Supreme Being, **Nyamewaa-Nyame**, Afurakanu/Afuraitkaitnut (Africans) function only to serve the Great Divine Whole of Whom we are an integral part, just as the many living cells operating within your body function only to serve the whole (you) of whom they are an integral part.

When we attune ourselves to the power and consciousness of the **Abosom**, Whom are also **Nananom** (plural of *Nana*), we are in the service of **Nana Nyamewaa** and **Nana Nyame**. When we follow the guidance of the **Nananom Nsamanfo** we are in the service of **Nana Nyamewaa** and **Nana Nyame**. This is **Nanasom** and it is translatable linguistically and conceptually into all Afurakani/Afuraitkaitnit languages.

Only Afurakanu/Afuraitkaitnut have the capacity to become *Nananom*. Only Afurakanu/Afuraitkaitnut are capable of practicing **Nanasom**, for Afurakani/Afuraitkaitnit people are the only *created* people in the world. No other groups including white europeans, white americans, white hispanics/latinos/latinas, so-called native americans, white arabs, white indians/hindus, white asians, etc. qualify as Afurakanu/Afuraitkaitnut and therefore have **no place**, physically, spiritually nor cosmologically, within any form of **Nanasom**. This includes **all** of the various expressions of Afurakani/Afuraitkaitnit Ancestral Religion manifest in our various ethnicities in **Afuraka/Afuraitkait** (Africa) and outside of Afuraka/Afuraitkait, wherever we exist in the world: Akan, Ewe (Vodoun), Yoruba (Ifa’Orisha), Igbo, Bakongo, Bambara, Dogon, Minianka, Goromantche, Nguni, Sotho, Khoi khoi, Dinka, Gikuyu, Maasai, Galla, Wolof, Twa, Ovambo, Bassa, Fula, Fang, Azande, Sara, Afar, Batswana, Fon, Ovimbundu and all others. This also includes any form of religion/spirituality related to the ancient Black civilizations of Keneset, Kamit and Black India.

christianity, islam, judaism/hebrewism, taoism, buddhism, hinduism, vedanta, gnosticism, kabbalism, sufism and all other practices of the whites and their offspring are pseudo (false)-religions based on fictional characters who never existed of any race. The fictional characters include jesus, yeshua ben pandira, muhammed, moses, abraham, david, solomon, sheba, menelik, brahmin, allah, yahweh, buddha, and many others. These pseudo-religions and their fictional characters were deliberately manufactured by the whites and their offspring in order to pervert and control the minds/spirits of Afurakanu/Afuraitkaitnut, thereby setting the stage for white cultural and political domination.

It is only when we free ourselves from these pseudo-religions, their fake characters and their foolish philosophies that we place ourselves in the position to free ourselves from white rule. It is wholly unnatural for Afurakanu/Afuraitkaitnut to live under the domination: cultural, political, economic, spiritual, or otherwise of our absolute enemies, the **akyiwadefo** (whites and their offspring). It is however natural to embrace ourselves, our Divinely allotted function in Creation as Afurakanu/Afuraitkaitnut and the ritual practices particular to our spiritual make-up which have the capacity to align us with Divine Order.

AFURAKA/AFURAITKAIT Nanasom Nhoma is ultimately about **Nyansa** (Intelligence) as it relates to **Amansewew** (Nationbuilding/restoration). *Nyansa* is comprised of two complementary poles: **Revolution** and **Resolution**. As we have stated in the **PTAH Sasetem**:

*...When Earth moves around Sun and returns to its place of origin, It has made a complete revolution. **Return to your Ancestral origin** is complete revolution. When Earth, through revolution, transmits Its power through the seasons, It has brought about a complete resolution. **Transmit power through the cycles of revolution** brings about our complete resolution. Revolution and Resolution are two halves of one whole—Intelligence.*

Revolution-Resolution as a tool of cultural reorientation is defined as the right of return and the right of reconstitution. In practice it is also the rite of return and the rite of reconstitution. The return is to our Ancestral culture, our way of living, our normalcy. It is a return to the pact we made with **Nyamewaa-Nyame** before we came into the world, and a reconstitution of the cultural values and institutions rooted in those values which make our adhering to that Divine pact possible. We have a right to return to ourselves and to reconstitute ourselves. We must engage in the rites/rituals in order to return to ourselves and to reconstitute ourselves in harmony with Divine Order. We have thus recognized disorder and moved to reject it, thus manifesting intelligence in the true sense...

Afuraka/Afuraitkait lives in Afurakanu/Afuraitkaitnut and Afurakanu/Afuraitkaitnut only. We have a role to play in Creation individually and collectively. In fulfilling that role, we must embrace Order and reject disorder and its purveyors, spiritually and physically, without compromise. Any attempts – cultural, political, social, economic, spiritual -- to restore ourselves without embracing this fundamental truth have always been and can only be futile. It is time for us to regain our cultural integrity. This can only occur through manifesting spiritual maturity. We must operate according to our nature as **onyansafo** (wise people, intelligent people). We must therefore be **revolutionary-resolutionary** in all that we do.

Our **nhoma** is divided into seven sections based on the **Abosom** (ah'-boh-sohm), the Deities, of the solar, lunar and planetary bodies which govern the **Akan** 7-day week. These seven **Abosom** are: **Awusi, Adwoa, Bena, Awuku, Yawu, Afi** and **Amen-Men**. The *Twi* term **asem**, means: *speech, message*. The section titles, **Awusisem, Adwoasem, Benasem, Awukusem, Yawusem, Afiasem** and **Amenmensem** point to the fact that the nature of the information within each of these sections carries the message and spiritual character of their particular governing **Obosom**. The themes governing each section are:

Kradin (soul-name; spiritual identity), **Abusuakuw** (ethnic group; cultural identity) and **Abatummm** (melanin; physiological identity), **Mmara ne Kyi** (law and hate), **Nhwehwemu** (critical examination), **Nkrabea** (function), **Ahooden** (health, strength) and **Ahoofe** (beauty), **Ahodwira** (ritual; self-purification).

While our orientation is **Akan**, our *nhoma* will introduce other Afurakani/Afuraitkaitnit cultures as well. This information is relevant to all Afurakanu/Afuraitkaitnut (Black People) wherever we are found in the world, for we are all connected.

For additional information, please contact us at:

www.odwirafo.com/nanasom.html or nanasom@odwirafo.com

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Trustory [troo'-stoh-ree (true-story; trust(worthy)-ory)] *trustoric; trustorically:*

A true and accurate account of previous events.

Afurakanu/Afuraitkaitnut:

Trustory is spiritual. Embrace your trustory. Restore your consciousness. Build your nation. Destroy your enemy.

*The image on the cover is Afuraka/Afuraitkait. For thousands of years Afurakanu/Afuraitkaitnut have viewed south as being 'up' geographically and north as being 'down'. We re-orient ourselves by focusing south as a reference point. It was a political ploy by the akyivadefo to place 'north' (europe) at the top of the world. Afuraka/Afuraitkait is the heart/center of the world, and therefore has the same form and function as the **ab**, the human heart. In the same fashion the other continents have forms and functions related to the major organs of the body.*

AWUSISEM

KRADIN

AFURAKA/AFURAITKAIT

The origin of the term 'Africa'

The Earth's surface is comprised of approximately 71 percent water and 29 percent landmass. Initially, the Earth's surface was completely covered by water. Our **Afurakani/Afuraitkaitnit** (African) Ancestresses and Ancestors learned the process of the development of Earth's first landmass and codified this process in their writings and illustrations. They/We learned of this process directly from the **Abosom** (Deities; Goddesses and Gods), the Spirit-Forces of Creation, Who affected the process itself. It is within our Ancestral cosmology, language and writing system of ancient **Keneset** and **Kamit** (ancient Black Civilizations of Nubia and Egypt) that we find this process codified and named with terms that are over 40,000 years old.

Earthquakes on the ocean floor of the primordial Earth caused a portion of the ocean floor to rise up above the surface of the water. This raised land became the first landmass of Earth. The masculine term for: *raised land, high land, exalted land, hill, mountain* in the language of **Kamit** (ancient Egypt) is **Ka** (kah). The feminine term for the same is **Kait** (kah-ette'), also written **Kat** (kaht). These terms are often written **Qa** and **Qait** (or **Qat**). The term for *soul* in Kamit is also **Ka**.

The **metut** (hieroglyphic symbol) representing *soul*, **Ka** is:



The **metut** representing *raised land, exalted land, high land*, **Ka (Qa)** is:

The two arms representing **ka/soul** are the same two arms of the individual who is reaching upward in the *metut* for **ka (qa)/high land**. The term **Ka (Qa)** is also defined in the language of Kamit as: *the land above the banks of the river; the high ground upon which the Deity of Creation first stood*. The term is also doubled: **Qaqa** or **Kaka**. The doubling concept is widespread in Afurakani/Afuraitkaitnit languages when a particular quality or attribute is being emphasized. The term **Qa** also has the variation **Qi (Ki)** or **Qe (Ke)** in the language of Kamit.

In the **Twɪ** language of the **Akan** people of Ghana, the term **Koko** is defined as: *hill, raised land*. This is the **Kaka** of Kamit. In Akan cosmology the area called **Koko-Afuɔ** is defined as: *the region where the Great Ancestress and her family settled after having descended from the sky/heaven on a golden chain after the beginning of the world*.

In the language of the **Yoruba** people of Nigeria, the term **Oke** is defined as *mountain, hill*. This is the **Qi** or **Ke (oKe)** of Kamit. There are five sacred hills in *Yoruba* cosmology, one of them being **oke ara** which is defined as: *the hill upon which the Orisha (Yoruba for Deities) first descended to create the world*.

The terms **ka** (qa), **koko** (kaka) and **oke** (qi; ke) in *Kamit, Akan* and *Yoruba* all refer to *raised land*, and also a *sacred raised land associated with the foundation of the world*. The same is true of many Afurakani/Afuraitkaitnit languages all over the continent for they are all derived from the ancient languages of Keneset and Kamit. *We are the same people*.

One of the most important definitions of **Qa (Ka)** in the language of Kamit is: *the high ground upon which the Deity of Creation first stood*. The Deity of Creation spoken of in this definition is **Ra** (*male name*) and **Rait** (**Rat**, *female name*).

In the language of Kamit, **Ra** (rah) is the most ancient name for the Creator of the world. **Rait** (rah-ette?) is the most ancient name for the Creatress of the world. **Ra** and **Rait** function Together as One Divine Unit---the Great Spirit of The Supreme Being. **Ra** and **Rait**, as the Great Spirit, are the Divine Living Energy moving throughout all of Creation. The life-force energy animating plants, animals, minerals and Afurakani/Afuraitkaitnit humans, the energy moving throughout our bodies, is a portion of the Divine Living Energy, the Creative Power, the Creator and the Creatress, **Ra** and **Rait**. Just as the air in your lungs is connected to a greater source of air, the atmosphere of Earth, so is the life-force energy in your body a portion of and connected to the Greater Divine Life-Force Energy animating all *created* entities in Creation.

It was **Ra** and **Rait** Who created the primordial Earth. The Great Spirit then moved through the primordial Earth causing the perturbations on the ocean floor. The vibrations, earthquakes, volcanic eruptions, separation and movement within the ocean floor forced a portion of the ocean floor to surge upward above the surface of the water. This was the first **Ka/Kait**, the first land, high land, raised land, hill, mountain. The Great Spirit, **Ra** and **Rait** then moved through this landmass and Their Divine Living Energy caused separation and development within the landmass. This would eventually lead to the development of the physical forms of mineral life, plant life, animal life and Afurakani/Afuraitkaitnit human life. **Ra** and **Rait** would ultimately move through the newly fashioned bodies of plants, animals, minerals and Afurakani/Afuraitkaitnit humans in order to enliven us. **Ra** and **Rait** use the **Aten**, the Sun, as a physical transmitter of Their Spiritual Energy. The solar heat/energy circulating through your body and the bodies of other *created* entities is the power of **Ra** and **Rait**.

The term **Af** in the language of Kamit means *flesh* as well as *house, chamber* in the language of Kamit. *Flesh* and *house* are conceptually related because your *flesh* is a *house*, a place of residence, for your spirit. The plural of **Af** is **Afu** (ah-foo?). In the Twi (Akan) language the term for *home/house* is **ofie** or **ofi**. The term **aafin** is the Yoruba term for *palace*. **Af**, **Ofie**, **Ofi** and **Aafin** in *Kamit, Akan* and *Yoruba* are all genetically related, phonetically related and conceptually related.

Moreover, the Twi term **Afo** is defined as: *carcass of an animal; that which is discarded and taken up once more*. The 'o' in *Afo* is a nasal 'o'. When pronounced nasally, the term *Afo* sounds virtually identical to *Afu*. The Twi *Afo* describes *animal flesh; carcass*. This is critical for our discussion, for when **Ra** moves through matter, matter becomes the *house or place of residence, the flesh* of the Creator. This is why in Kamit, the title of **Ra** when He moves through matter is **Afu Ra**. The Creator as **Afu Ra**, takes on the form/flesh of a Ram.

In the cosmology of Kamit, **Ra** operates *through* the **Aten** (Sun). [**Ra** is not the “sun-god”. **Aten** is the Sun-God]. **Ra** rides in a sun barque/boat across the sky from horizon to horizon, from sunrise to sunset. He then travels in his barque for the 12 hours of the night through the spirit-realm or underworld. After His underworld journey the solar barque emerges from the underworld on the eastern horizon as the new sunrise and the beginning of a new day. As the solar light (energy of **Ra**) moves into the underworld (inside Earth) at sunset, the Earth becomes the *flesh, house, place of residence* for the solar light. **Figure 1** below is a depiction of **Ra** in His barque. Notice the **Aten** on His head and in front of Him:



Figure 1

The Creator, **Ra**, sails the **Aten** (Sun) through the sky from the eastern horizon to the western horizon. The solar barque then dips below the western horizon and sails from the western horizon to the eastern horizon--underground---bringing “light” to the underworld during the 12 hours of the night. **Figure 2** below is a depiction of **Ra** as **Afu Ra**, after His barque has descended into the Earth, in the underworld. Notice that as **Afu Ra**, He has taken the form/flesh of a Ram-headed Divinity:



Figure 2

When the life-force energy of the **Aten** (Sun) enters your body via the air that you inhale, the life-force energy has now entered your house; your flesh. The air inside your lungs is internalized air; air inside matter. It could thus be called, “**Afu-Air**”, while the air outside of your body is simply “**Air**”.

When **Ra** and **Rait** first moved through the primordial hill, the **Ka/Kait** to make it vibrant, to give it life, the **Ka/Kait**, the raised land, became the house or place of residence for **Ra** and **Rait**. It is for this reason that **Ra** and **Rait** take on the titles **Afu Ra** and **Afu Rait**.

This is why the first landmass is called the **Ka** of **Afu Ra**, *the land of the Creator* and the **Kait** of **Afu Rait**, *the land of the Creatress*.

The **Ka** of **Afu Ra** is **Afuraka**. The **Kait** of **Afu Rait** is **Afuraitkait**. **Afuraka/Afuraitkait** is the *Divine Land*.

Geologically, this first emergent landmass is of the continental plate, **Afuraka/Afuraitkait**. The male title, **Afuraka** was corrupted by the whites and their offspring into Africa.



Figure 3



Figure 4

Figure 3 is from the **sheft** of **Khensumes** (papyrus of Khensumose). From a bird’s-eye view, it actually depicts the **Ka/Kait**, the high land, which first appeared above the surface of the water to become the Earth’s first landmass. This **Ka/Kait** is described in many texts of Kamit as the “*primordial mound of Creation*” in the region of **Khemennu** or the **Kaka (Qaqa)** or **Qa** in *Khemennu* (later called *Hermopolis* by the greeks).

The depiction shows **Ra** and **Rait** moving through the land, **Ka/Kait**, as **Afu Ra** and **Afu Rait within the Solar disk** in two phases. Here, They are **Afu Ra** and **Afu Rait** because They are moving through matter/flesh/the house. Eventually **Afu Ra** and **Afu Rait** rise within the Solar disk above the horizon (between the mountains) for the first time, creating the first sunrise in the *trustory* of the world (top of the illustration). **Afu Ra** and **Afu Rait** are thus transformed into **Ra** and **Rait**.

The Eight figures depicted on the mound are **Amen** and **Amenet**, **Ka** and **Kait**, **Nun** and **Nunet**, **Hehu** and **Hehut**--the Ancestresses and Ancestors of **Ra** and **Rait** (often called the *Ogdoad*-primordial Deities who existed before the creation of the world). **Auset** and **Nebt Het** are depicted through the forms of **Merit Meht** and **Merit Shema**, the Northern and Southern Nile Goddesses of the inundation. These Two Spirits pour water, libation, from two vases into the primordial waters which nourish the **Ka/Kait**.

This is an actual depiction of **Afuraka/Afuraitkait**, a depiction painted by one of our Afurakani or Afuraitkaitnit Ancestors or Ancestresses which dates back over 3,000 years.

Figure 4 is a depiction of a **fertilized ovum** (egg) of a woman. The creation of the first landmass of Earth, by **Ra** and **Rait** mirrors the fertilization of an ovum. Earth became *fertile* and thus *productive* when the Great Spirit, **Ra/Rait**, the Divine Life-Force operating through the *Aten* penetrated the **Ka/Kait** and “fertilized” it—making it capable of sustaining life(force). This insight is woven into the fabric of Afurakani/Afuraitkaitnit cosmology and is the reason why we codified these geological and biological processes in our language and our illustrations in ancient Kamit.

It is important to note that the name **Afu Ra** or **Afra** exists in the language of the Akan. A major **Obosom** (God; Deity) worshipped in Akan culture is the *Obosom* named **Afram**. The feminine version of this name in Akan culture is **Afra**. Moreover, it was stated above that in Akan cosmology, the area where a certain Ancestress settled with Her people after having descended from heaven on a golden chain is the region now called **Koko-Afuo**. Again, *Koko* means *hill, raised land* in Twi and in Kamit (*Kaka or Qaqa*). *Afuo* is a term in Twi meaning *fertile land, farm land; land that is vibrant*. The pronunciation of *Afuo* in Twi depending on the dialect sounds like and is often written **Afur**. Thus **Koko-Afur** is a reference to a land of origins. A fertile, *Afur*, high land, *Koko*. *Koko-Afur* is **Afur-koko** (Afurko/Afuraka). The reason why land is fertile is because the energy of **Ra** and **Rait** is circulating through it, making it vibrant and full of life. Today, the name *Koko-Afuo* has been contracted to **Kokofu**, a well known region of Ghana.

It is also worthy of note that the Twi term, **fura**, means: *to put on* (example: to put on clothing). This is directly related to the notion of **Ra**, when entering matter, taking on matter as His flesh or house, thus having the title **(A)fura**. He has “put on” flesh/matter. As shown in the illustration, **Ra** when moving through the underworld also takes on the form/flesh of a Ram-headed figure. He has put on (*fura*) the animal form that will eventually become a carcass. It is a form/body that **Ra** will discard once He reaches the point where He leaves the underworld and appears on the horizon as the energy emanating through the **Aten** at sunrise. This

animal form will be taken up again, put on again, once **Ra** returns to the underworld. Again, this is the definition of *Afo* in Twi: *carcass of an animal; that which is discarded and taken up once more*.

The Twi term **fra** or **afra** also has the meaning: to become intermixed; co-mingled. This points to the fact that **Ra** and **Rait**, upon intermixing or comingling with matter/flesh become **Afu Ra** and **Afu Rait**. **Afura**, **fura** and **afra** are all related phonetically and conceptually. The Twi term **fram** also has the meaning: *to be on fire, to burn, blaze; flame fire*. This term **fram**, related to the name of the *Obosom Afram (Afura)* shows the connection to the life-force energy being transmitted through the *Aten* (Sun; solar fire).

We should note also that the term **kua** in the Twi language means: *farm*. **Kua** or **Koa** is related to **Ka** as *land*. Specifically, the land which became fertile (*farmland* is fertile) as a result of **Ra** and **Rait** moving within it to make it vibrant.

See correspondences below:

Kamit

Afu – flesh; house; flesh of **Ra/Rait**

Afu Ra and **Afu Rait** – title of **Ra**, title of **Rait**

Kaka – high land

Ka – high land; land

Twi (Akan)

Ofi – house, home; also used for sanctuary/temple (**Abosomfie**)

Afo – animal carcass; flesh; that which is put on, discarded and taken up again

Afuo (Afur) – land that is fertile; farmland; plantation; land with vibrant energy moving through it

fura – to put on

afra – to become intermixed; comingled

fram – to be on fire, to burn, blaze; flame, fire; **Afram** and **Afra (Afura and Afurait)**

Koko – hill, mountain; high land

Kua – farm (fertile land)


False Etymologies (false origins) of the term ‘africa’

The idea that the romans, greeks, arabs, hindus or any of the whites and their offspring created the name *Africa* is absolutely inaccurate. Moreover, the land was not named after Scipio Africanus, nor Leo Africanus. The arab version *ifriqia* comes from the roman corruption *africa*. It is often suggested that the reason why the romans used the term is because the roman suffix *-ca* means ‘land’ and **Afri** is the name of a **Berber** tribe who occupied the land when the romans invaded. The romans are therefore said to have called the territory in the northern part of the continent: the land, *ca*, of the **afri** people, hence *afri-ca*. The *Berber* ethnic group mentioned is called the **Aourigha**, often written **Afarik**. We have shown above clearly that the term *ka (qa)* definitely does mean *land* (high land), however it is not a term created by the romans. The roman *ca*, is a version of the term *ka*, that the romans learned of when they invaded Kamit. The *Afri* people or *Afarik (Aourigha)* did not materialize on the continent when the romans arrived. Their Ancestry, their language and thus their ethnic name reflects the culture of the region that they inhabited, North Afuraka/Afuraitkait. This

of course is the region of Kamit and the areas west and east of Kamit where the Pharaonic culture was found as well. The ancient *Aourigha* inhabited these areas over 10,000 years before the invasion of the whites. Today's *Berbers* or **Amazigh** are represented by the original Afurakani/Afuraitkaitnit *Aourigha* of the region and misrepresented by the descendants of white europeans and white arabs who invaded and polluted the blood of some of the Afurakanu/Afuraitkaitnut. The white and white-arab mixed descendants of white invaders/rapists falsely refer to themselves as *Amazigh* (*Aourigha*) and *Berbers*, just as white arab invaders in Kamit (Egypt) today falsely call themselves “Egyptians”. The terms **Afarik** and **Afri** are related to **Afura** and **Afurai(t)**. The terms **Afu**, **Ra**, **Rait**, **Ka** and **Kait** are over 40,000 years old. They pre-date the existence of the whites and their offspring on the planet.

The suggestion that *africa* is derived from the greek term *aphrike*, meaning *not cold*, i.e., *hot* or the *hot country* is also inaccurate. In the *metutu* of Kamit we find the origins of this idea. In the *metutu*, the term **Afer** means: *to burn, to be hot*. The term **Afri** means: *smoke, hot vapor*. This is the reason why the greeks, having learned of these terms after invading Kamit, used the term *aphrike*, *not cold*. The latin term *aprica* meaning, *sunny*, is also a corruption of terms from Kamit. The *p*, *ph* and *f* interchange in various languages. The suggestion that *aprica*, meaning sunny, is the origin of *africa* is inaccurate and points to the reality that the whites learned that the **Ka** of **Afu Ra**, was associated with being the land of the **Aten** (Sun).

The whites and their offspring in the past, and to this day, have falsely assumed that **Ra** is the “sun-god”. This is why *aprica* was associated with a land that was “sunny”. It is the land of **Ra** (and **Rait**), and the whites assumed this to mean the “land of the sun” or the “sunny land”. The *metut* for **Aten** is: ☉ This *metut* also makes up part of the name **Ra**. It is also used as a determinative *metut* to denote: *day, sun, time*. One honorific title of **Ra** is **Pa Ra**, meaning *The Ra (The God Ra)*. **Pa Ra** was often written **Pra** in Kamit. This became **Phra** and **Phre** in the *Coptic* dialect (Late Egyptian). To this day, the whites and their offspring will translate **Pra** or **Pre** (fre) as **Ra**, as **Helios** (greek version of **Ra**) and as “the sun”, just as the romans called **Pre** the sun and *pre-ca (aprica)* the “sunny land”. We can also see in the above examples how *Afer*, *Afri* and *Afra* are not only related, but because **Ra** and **Rait** operate *through* the **Aten**, the land can be associated with solar energy/heat, fire. We also see the root of the name *Afri* people or the *Afarik* in these terms.

The suggestion that *africa* comes from the **Phoenician** word for *corn* or from the *Phoenician* term **friqi** or **pharika** meaning *land of fruit* is also inaccurate. In the *metutu*, the word **per** is defined thusly: *grain, corn, wheat, field produce, fruit of any kind*. **Coptic** is the late form of the Kamau (Egyptian) language spoken at the latter part of the ancient civilization. This dialect came into use about 2,000 years ago. In the *Coptic* form of the language, the term *per* is written and pronounced: **fre**. The *p* sound often interchanges with the *ph* sound and the *f* sound linguistically. The term *per* or *fre*, meaning *corn, fruit* is the origin of the *Phoenician* term **friqi** or **pharika**, meaning *land (qi, ka) of corn* or *land of fruit*. This is a reference to a *fertile land* or *land of fertility*. The people who became known as *Phoenicians* were ancient Black migrants from Kamit. This is why the linguistic terms are identical. The notion of **pharika** (Afuraka) being defined as the fertile land points to the reality that **Afu Ra** and **Afu Rait** make the **Ka/Kait** fertile. The suggestion that the *Phoenician* root **faraq**, meaning *separation* including the notion of *diaspora*, is the origin of the term is also inaccurate. One of the meanings of **per**, written with a determinative symbol of two legs walking:  is defined in the *metutu* as: *a sign of subtraction; to go forth, to go out, to go away, to leave one's country, to evade a calamity*. We also have the related term **perkh** (written **prkh**) meaning: *to divide; to separate*. The words *per* (*Coptic: fre*) and *perkh* becoming **freq** or **faraq** in *Phoenician* are the origin of the idea of subtraction, separation, a diaspora (separation/leaving from one's country of origin) being associated with the *land of fruit*. These terms passed over from Kamit into the dialect of the

Afurakanu/Afuraitkaitnut called Phoenicians and those non-Afurakanu/non-Afuraitkaitnut who eventually invaded that area.

The suggestion that the **sanskrit** and **hindi** term **apara** is the root of *aparica* or *africa* is also inaccurate. The term *apara* is defined in sanskrit and hindi as: *that which comes after*. The false assumption is that because of its geographical position, the hindus would consider “africa” to “come after” india. In reality, the term mentioned above in the *metutu*, **per**, with a different determinative *metut* is defined as: *seed, progeny, posterity, descendants*. This definition of **per** (*peru* or *para*) points to that which “comes after”, for this is the definition of **posterity, progeny**.

Afuraka/Afuraitkait is the origin of the term *Africa*. The false etymological origins of this term have been created and promoted by the whites and their offspring **deliberately** to rob Afurakanu/Afuraitkaitnut of the awareness of our true identity, cosmologically, biologically, genetically, geologically, culturally and spiritually.

Our Collective Identity

One of the definitions for the term **nu** (noo) in the *metutu* is: *children*. Also, it is used to refer to a plurality, the definition in this sense being: *they, them, belonging to them*. In the Twi language the term **nom**, pronounced ‘noom’, is a term for the plural. We therefore have the terms:

oyere – wife **oyerenom** – wives **nua** – sibling **nuanom** – siblings

The Akan term **nom** is derived of the Kenesu-Kamau term **nu**. The feminine form of **nu** is **nut**.

[It should be noted as well that the Akan term **nom** also means: **to drink**. In Kamit, the term **nu** with a different determinative *metut* means: **to drink**. Two separate and distinct meanings for **nu** in Kamit are identical for **nom** Twi.]


The term **nut** (noot) is also defined in the *metutu* as: *village, town, city, community, settlement*. The related term **nutu** is defined as: *citizens, townspeople, natives*.

The terms *nu* and *nut* representing *offspring, children* and the related definition of *townspeople, citizens, natives* are connected conceptually and related to the Twi *nom* when used to designate a plurality. We thus have the following terms:

Afurakanu – Africans; male children/natives (**nu**) of the land of the Creator (**Afuraka**)

Afuraitkaitnut – Africans; female children/natives (**nut**) of the land of the Creatress (**Afuraitkait**)

The Twi term **ni** is a contraction of *ne yi*, meaning: *to be, this is*. It is used as a suffix to denote an individual in the singular sense. An Akan individual, male or female, is thus **Akanni**, meaning *to be* Akan. Akan people in the plural is written **Akanfo**. A Black individual is **Obibini** from **obibi** (black). Black people in the plural are **Abibifo**. The same occurs with the **Fula** people of Afuraka/Afuraitkait. A **Fula** person is called **Fulani**, meaning *to be Fula*.

There is a relationship between the Akan and Fula suffix **ni** and the term found in Kamit: **ni**. The definition in Kamit is: *I, me; my*. The determinative *metut* in this word is an individual pointing at himself.  We therefore have the following terms:

Afurakani – African; male individual of the land of the Creator (**Afuraka**)

Afuraitkaitnit – African; female individual of the land of the Creatress (**Afuraitkait**)

Pronunciation key: (note: The name of the Creatress, **Rait** is also spelled **Rat**)

Afuraka (Ah'-foo rah-kah')

Afuraitkait (Ah'-foo rah'-ette kah'-ette) also Afuratkat (Ah'-foo raht-kaht')

Afurakanu (Ah'-foo rah-kah' noo)

Afuraitkaitnut (Ah'-foo rah'-ette kah'-ette noot) also Afuratkatnut (Ah'-foo raht-kaht' noot)

Afurakani (Ah'-foo rah-kah' nee)

Afuraitkaitnit (Ah'-foo rah'-ette kah'-ette neet) also Afuratkatnit (Ah'-foo raht-kaht' neet)

Finally, it must be clearly understood that only Black people are and can be referred to as Afurakanu/Afuraitkaitnut and Afurakani/Afuraitkaitnit.

Our identity is rooted in our biology, our biological/physical and spiritual connection to the original **Ka/Kait**, our spiritual connection to **Afu Ra** and **Afu Rait** as well as our **reincarnation through specific blood-circles**. This distinguishes us from all other groups. **Black people, wherever we are found in the world are Afurakanu/Afuraitkaitnut.**

This article will continue in our next issue.

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ADWOASEM

ABUSUAKUW

Wo tumi fra mbogya, nso wo ntumi mfra okra. (Aakhuamu ebe)

You can mix blood, but you cannot mix the soul. (Aakhuamu proverb)

Afurakanu/Afuraitkaitnut (Africans) have been at war with the **akyiwadefo**, the whites and their offspring, for over 12,000 years. However, over the course of the last 1,200+ years, the dynamics of the war have changed with respect to captive prisoners. Millions of the whites and their offspring were captured as enemy combatants/prisoners of war and killed by Afurakanu/Afuraitkaitnut during this time period. Our execution of these alien invaders was and is justified. However, when **Afurakani/Afuraitkaitnit** (African) prisoners of war have been captured by the whites and their offspring over the past 1,200+ years of this war, we were no longer executed as a standard practice, but imprisoned in and/or shipped to europe, the americas, the caribbean, the near east (iraq, saudi arabia, etc.), india, china and other parts of asia to be enslaved by the whites and their offspring. During the process of Afurakanu/Afuraitkaitnut being made prisoners of war (slaves) in these various regions of the world, we were forced to breed with one another in ways that were not part of our social protocols. Some of us were raped by the whites and their offspring, thereby giving birth to “bi”-racial or “multi”-racial children whose blood was/is polluted with that of the whites and their offspring. Afurakanu/Afuraitkaitnut were also polluted spiritually with the false religions of the whites. The combination of physical pollution and spiritual pollution created a lack of awareness of our true identity physically and spiritually. However, the return to our Afurakani/Afuraitkaitnit Ancestral Religion provokes our recognition of the reality of reincarnation and **the reality of reincarnation is the basis for understanding that true identity can never be lost.**

All Afurakanu/Afuraitkaitnut alive today who live outside of **Afuraka/Afuraitkait** (Africa) once lived on the continent of Afuraka/Afuraitkait in a previous life-time. **Each and every one of us was part of a specific Ancestral clan.** We had children. They had children. Over time some of our descendants were captured and enslaved in various places outside of Afuraka/Afuraitkait. However, we reincarnate through our descendants. As we reincarnate through our descendants, our physical make-up will reflect the blood mixture or miscegenation which has taken place over the centuries. **Yet, you are that same Afurakani/Afuraitkaitnit sunsum (spirit) that lived in a specific Ancestral clan in a certain part of Afuraka/Afuraitkait centuries ago, now returning to live in the world once again.** Your **okra** (soul) is a divine seed implanted within your *sunsum* and guides you to knowledge of your identity and your function in the world. You may have been born lighter brown in this incarnation, because of polluted blood-mixing occurring in your family’s blood circle in america, the caribbean, europe, india, etc. Yet although the blood was mixed, the *okra* (soul) could never be mixed. The *sunsum* is the same *sunsum* returning. Your **Nananom Nsamanfo**, your honorable Ancestresses and Ancestors from Whom you are directly descendent, will guide you to the knowledge of what specific Ancestral clan you were once a part of in **Afuraka/Afuraitkait**, and are therefore still a part of today. This Ancestral spiritual bond cannot be severed--ever. **Every Afurakani/Afuraitkaitnit person can**

find out, today, the Ancestral clan from which he or she incarnated spiritually and physically. We therefore dedicate this section in every issue to a different **abusuakuw** (ah-boo'-see-ah koo'-oh), a Great Ancestral clan (ethnic group), of Afuraka/Afuraitkait so that you may identify and learn more about yourself, your clan, your culture, your religion, our people. This issue re-introduces the **Akan** people:

AKAN

Akan (Ah-kahn') is the name of an Afurakani/Afuraitkaitnit group who reside primarily in the West Afurakani/Afuraitkaitnit countries of Ghana and Ivory Coast (Cote de Ivoire). It is estimated that 49% of the population of Ghana is made up of **Akanfo** (Akan people). It is also estimated that 44% of the population of Ivory Coast (Cote de Ivoire) is made up of *Akanfo*. *Akanfo* also exist in Togo, Burkina Faso and other countries within Afuraka/Afuraitkait in much smaller numbers. There are approximately 20 million *Akanfo* living in Afuraka/Afuraitkait presently. *Akanfo* have direct Ancestry from the ancient Afurakani/Afuraitkaitnit civilizations of **Keneset** and **Kamit** (ancient Nubia and Egypt). The language and ritual practices of *Akan* culture today can thus be found in the writings, carvings and murals of Keneset and Kamit which are thousands of years old.

Akanfo comprise the largest percentage of the Afurakani/Afuraitkaitnit population enslaved in english-speaking colonies. *Akanfo* also constituted a large percentage of those groups of Afurakanu/Afuraitkaitnut who successfully waged war against the whites and their offspring freeing themselves from slavery in the process. Many of the most well known **akofo** (warriors and warrioresses), often referred to as *maroons* in Jamaica, Suriname, Haiti and the southern united states were of *Akan* ancestry. They not only defeated the white slavers militarily, but established sovereign independent nations not far from the plantations. The *akofo* remained free, sovereign and independent for multiple generations.

Some distinguishing cultural symbols of *Akan* culture which enshrine within them the values of *Akan* life and society are **kente** cloth, **abrammu** (goldweights), **adinkra** symbols, and the **gwa** (adwa):



Kente



Abrammu



Adinkra Symbol
(*Nkonsonkonson*)



Gwa (Adwa)

One well known cultural practice amongst *Akanfo* is that of receiving a **kradin** (krah-deen'), or soul-name, also called **dadin** (dah-deen') or day-name. The seven days of the *Akan* week are: **Akwesida** or **Awusida**

(Sunday), **Dwooda** (Monday), **Benada** (Tuesday), **Awukuda** (Wednesday), **Yawda** (Thursday) **Fida** (Friday) and **Memeneda** (Saturday). The names **Kwesi** and **Akosua**, **Kwadwo** and **Adwoa**, **Kwabena** and **Abenaa**, **Kweku** and **Akua**, **Yaw** and **Yaa**, **Kofi** and **Afua**, **Kwame** and **Amma** are examples of the male and female *akeradin* (soul-names) respectively associated with the solar, lunar and planetary **Abosom** (Deities) governing the seven days of the week from *Akwesida* to *Memeneda*. These seven *Abosom* Whom all *Akanfo* are named after are: **Awusi**, **Adwo**, **Bena**, **Awuku**, **Yaw**, **Afi** and **Amen-Men**. If a male is born on *Benada* (**Bena's** day or Tuesday) then the male's *keradin* or soul-name is automatically **Kwabena**. For a female born on *Benada*, her *keradin* would be **Abenaa**. When receiving the *keradin* or *dadin* it is understood that the day begins at sunrise, not midnight. Thus in the example, *Benada* (Tuesday) would not begin at 12:00am Tuesday "morning". This is a European misguided concept of time. *Benada* would not begin until hours later at sunrise. If the sunrise was at 6:00am, then the first hour of *Benada* starts at 6:00am. The *keradin* system is operative for *Akanfo* because of the particular relationship that *Akanfo* cultivated with the *Abosom*. Other Afurakanu/Afuraitkaitnut have their own unique relationships with the Spirit-Forces of Nature and thus have different naming practices reflecting those relationships. Finally, it must be clearly understood that non-Afurakanu/non-Afuraitkaitnut (non-Africans) are not capable of having *akeradin*. The *Abosom*, including the *Abosom* of the solar, lunar and planetary bodies that govern the seven-day *Akan* week are in no way connected to the whites and their offspring whatsoever.

Abusua. An individual is *Akan* because he or she is part of one of seven *Akan* matrilineal clans. In *Akan* culture, *abusua* (ah'-booh-see-ah) is the term for matrilineal clan. There are seven major **mmusua** (pl. for *abusua*) each of whom are traced to a single Great Ancestress Who is the *abusua's* founderess. The seven *mmusua* are: **Asona**, **Agona**, **Brietuo**, **Aduana**, **Ekoona**, **Asenie**, and **Oyoko**. There are variations of these names as well as sub-groupings within several of the groups. Every *Akan* individual belongs to one of these seven *mmusua*. Each *abusua* was founded by a Great Ancestress and every *Akan* individual can trace his or her Ancestry back to one of these seven Great Ancestresses. If one is not directly descendent, physically and spiritually (via reincarnation) through one of these seven Great Mothers, then one is not part of any of these *mmusua* and is thus not *Akan*.

Ntoro. On the patrilineal side every *Akan* individual is protected by an **Ntoro** (oun-taw'-raw), or **Agyabosom** (a'-jah boh'-sohm). The **Ntoro** or **Agyabosom** is defined as the *father's Deity*. This is a protective Force in Nature which not only protects the members of the patrilineal clan, but Whose Divine energy influences the character of the individuals who are part of that clan. The 12 *Ntoro* or *Agyabosom* (patrilineal Divinities) are: **Bosomptra**, **Bosommuru**, **Bosomnketia**, **Bosomafi**, **Bosomafram**, **Bosommran**, **Bosomtwe**, **Bosomsika**, **Bosomkrete**, **Bosomdwerebe**, **Bosomayesu**, **Bosomakom**. The prefix **Bosom** means "Deity", thus **Bosomafram** is the Deity Whose name is **Afram**. There are variations on these names as well.

Language: **Twi** (chwree) also called *Akan*. Different dialects include: Akuapem, Asante (Ashanti), Fante

Religion: In Afurakani/Afuraitkaitnit Ancestral Religion, we recognize the reality that the Supreme Being is comprised of God and Goddess functioning Together as One Divine Unit. Just as a male and female function as two halves of a whole, one unit, in order to conceive a child, so do the Two Halves of the Great Divine Whole Whom comprise The Supreme Being function Together in order to create and sustain the Universe. We harmonize with **Nyamewaa-Nyame** through the agency of the *Abosom* and our *Nananom Nsamanfo*:

Nyame (oun-yah'-may')	God
Nyamewaa (oun-yah-may'-wah')	Goddess
Abosom (ah'-boh-sohm)	Deities, Goddesses and Gods, Divine Spirit-Forces in Nature, Children of the Great God and the Great Goddess
Nananom Nsamanfo (nah-nah'-nohm n-sah-mahn'-fo)	Spiritually cultivated (honorable) Ancestresses and Ancestors

Akanfo live to harmonize their every thought, intention and action with Divine Order. This is accomplished through alignment with the *Abosom* and *Nananom Nsamanfo*. **Nyamewaa-Nyame** directs the *Abosom* to give us the power and consciousness to accomplish our Divinely allotted function in Creation. **Nyamewaa-Nyame** directs the *Nananom Nsamanfo* to guide us in the use of that power and consciousness so that we may function in the world without creating disorder in the process. Thus, when *Akanfo* achieve alignment with the *Abosom* and *Nananom Nsamanfo*, *Akanfo* are in alignment with **Nyamewaa-Nyame**.

Sacred days/holidays: Many *Akanfo* celebrate **Odwira** (aw-jee'-rah) around August, September or October. *Odwira* is the New Year for many *Akanfo*, and is a time for physical, spiritual and communal purification and renewal. The term *odwira* means *purification*. *Odwira* is observed for 7 days in some areas and longer in others. Many *Akanfo* also observe **Akwasiadae** (Akwasiadae) which is a sacred observance for the *Nananom Nsamanfo* occurring every sixth **Akwesida** (Sunday). **Awukuadae** (Awukudae) is also observed every sixth **Awukuda** (Wednesday). The suffix, **adae**, means *a sleeping or resting period*. It is a time to take a rest from our everyday activities and commune with the *Nananom Nsamanfo* on a more profound level, giving offerings, thanks and receiving guidance. Some *Akanfo* also observe the festival called **Apoo**. *Apoo* is a 13-day cleansing period where the physical, spiritual and communal ills of society are ritually purged publicly and privately. The root of the name *Apoo* is *po* meaning, *to reject*.

Akan internet resources:

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MATE MASIE: The Ancestorhood of Nana Yao (Dr. Bobby E. Wright), *Kwesi Ra Nehem Ptah Akhan*

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ADWOASEM

ABATUMM

(Black Seed/Fruit/Pod)

The chemical in your body that gives you your color

Found in the skin, hair, eyes, the major organs and body systems, plants, animals, minerals, the Earth, Sun, Oceans, clouds, stars, planets

Found at the site of infections, cuts and wounds; healer-protector

A chemical with electromagnetic properties, connecting us to the electromagnetic projections of the melanin-dominant world

Transforms sunlight into food/energy for the body's cells

Transforms sound waves into food/energy for the body's cells

Found in 12 centers within the brains of Afurakanu/Afuraitkaitnut, and is directly related to intelligence

Abatumm is the combination of two Twi terms: **aba**, which is defined as: *fruit, seed, pod* and **tumm**, which is defined as: *dark, black*. We have combined these terms to produce a new Ancestral linguistic term, *abatumm*, black seed, dark fruit. This is the chemical which is called *melanin* in English.

Afurakanu/Afuraitkaitnit (Africans) are considered melanin-dominant. Whites are considered melanin-recessive. Nature has never and will never produce a melanin-recessive creature. Melanin-recessiveness is abnormal, unnatural. Approximately 1 out of every 10,000 births in the Afurakani/Afuraitkaitnit (African/Black) population results in the condition called albinism [OCA type 2]. The Afurakani/Afuraitkaitnit (African) albino however is only lacking in melanin externally. While their skin and hair is white and their eyes are light, they contain the same amount of melanin internally as the purest Black individual. This includes certain loci of neuromelanin (brain-melanin). Whites are melanin-recessive because they are lacking in the normal *levels* and *quality* of melanin externally and internally. The pineal gland in Europeans shows abnormally high levels of calcification which renders the gland ill-effective. Proper pineal gland function is directly related to the proper levels and functioning of melanin in the body.

Intelligence in the true sense, and thus as recognized in Afurakani/Afuraitkaitnit (African) culture, is based on receptivity. Melanin is a chemical with electromagnetic properties. The two major types of melanin are referred to as: eumelanin and phaeo-melanin (false-melanin). Eumelanin is brown or black. Phaeomelanin is that which causes the pinkish color within whites when they are exposed to sunlight. Eumelanin is that which predominates in Afurakanu/Afuraitkaitnit (Africans) and gives us our black or brown color. The reason why the chemical is dark is because it is a chemical that is capable of receiving and transmitting all frequencies of the electromagnetic spectrum. It is thus capable of receiving, being nourished by and transmitting sound waves, solar radiation/light, gamma rays, etc. Because plant life, animal life and mineral life (including the planets, Sun, moon, stars, the black substance of space---cosmic melanin) are melanin-dominant as well, the melanin-dominant Afurakani/Afuraitkaitnit (African) has the capacity to receive all transmissions of energy from these various aspects of Creation, and to transmit energy as well. We have the greatest ability to receive and retain these transmissions/information from all aspects of the *created* Universe, and thus have the greatest capacity for manifesting intelligence physically in comparison to all other people. This is part of the reason why Afurakanu/Afuraitkaitnit (Africans) are the founders of civilization in the world. The other part of the reason has to do with our spiritual make-up.

*The above is an excerpt from the electronic nboma (manual) for **PTAH Sasetem**. The seven part definition of **abatumm** (melanin) is governed by the **Abosom** of the 7-day Akan week. Please see: www.odwirafo.com for details on the **PTAH Sasetem**, a curriculum to teach Afurakani/Afuraitkaitnit Ancestral Culture to Afurakani/Afuraitkaitnit children and young adults.*

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BENASEM

MMARA NE KYI

Afurakanu/Afuraitkaitnut (Africans~Black People) understand that Creation comes into being and is sustained through and within what *Akanfo* (Akan people) call **Nyamewaa-Nyame Nhyehyee**. **Nyame** (Onyame) is the term for God, while **Nyamewaa** (Onyamewa) is the term for Goddess in the **Twi** language of the Akan. **Nyamewaa** and **Nyame** function Together as One Divine Unit, The Supreme Being. The *Twi* term **nhyehyee** (n-shay'-shee-ay) means: *order, arrangement*. **Nyamewaa-Nyame Nhyehyee** is thus translated into english as The Supreme Being's Order, i.e. *Divine Order*.

As with all *created* entities, **Nyamewaa-Nyame Nhyehyee**, Divine Order, is comprised of two opposite-and-complementary poles. These are the masculine and feminine poles representing the Divine balance of male and female which permeates all of Creation. This male-female balance is rooted in the foundational complementary relationship of **Nyame** and **Nyamewaa**. As **Nyame** and **Nyamewaa** function harmoniously Together, They show us the nature of all *created* entities. This essential nature of all *created* entities naturally applies to Divine Order as well.

The expansive pole of Divine Order is **mmara** (law). The contractive pole of Divine Order is **kyi** (to hate). Afurakanu/Afuraitkaitnut recognize the reality that *mmara*, law, is Divine and that *kyi*, to hate, is Divine.

It is anti-Afurakani/anti-Afuraitkaitnit (anti-African) and hence anti-reality to embrace the foolish notions that hate is evil, hate is immature, hate is heavy, draining, self-destructive, etc., and that love is unconditional, love is the way, love conquers all things, etc. Law and Hate are two halves of a whole, **Nyamewaa-Nyame Nhyehyee**. The proper understanding of our role in Creation as Afurakanu/Afuraitkaitnut individually and collectively is absolutely dependent on our understanding of and embracing the proper definitions of law/love and hate.

In the process of showing the proper definitions of these concepts, we must understand that the alphabet in use today is derived from our **Nananom Nsamanfo**, our Afurakani/Afuraitkaitnit (African) Ancestresses and Ancestors, Who developed the phonetic script thousands of years ago in ancient **Kenaset** and **Kamit** (the ancient Black civilizations of Nubia and Egypt). The whites and their offspring have never created an alphabet. After invading ancient Kamit and other Black centers of civilization north of Kamit, the whites and their offspring took the alphabetic characters created by Afurakanu/Afuraitkaitnut as part of our complex writing system and corrupted them. These varied corruptions were then deliberately mis-labeled by the whites as the greek alphabet, the roman alphabet, the arabic alphabet, the hebrew alphabet, the sanskrit alphabet, the english alphabet as well as many others. **This fact is critical to this discussion, for the manner in which we have been misled through the “english alphabet” to mis-define words fosters an ill-acceptance of mis-defined concepts.** This process has greatly contributed to the perpetuation of spiritual enslavement amongst Afurakanu/Afuraitkaitnut. It is time to free ourselves.

MAA and MAR – Law and Love

Trustorically, approximately 1,500 years ago as the whites and their offspring corrupted our original phonetic script, the letter ‘V’ was transformed into the letter ‘U’. In turn, the letter ‘U’ was transformed into the letter ‘W’ about 1000 years ago. ‘W’ (double-U) of course is comprised of two ‘U’s or ‘V’s side by side. The letters U, V and W are fundamentally the same letter linguistically. This is why these letters and their sounds interchange in european languages. Those who are english-speakers pronounce the name william with the ‘w’ sound while other europeans write and pronounce the same name as villiam or vilhelm. The name of the country, sweden, pronounced with the ‘w’ sound in the english dialect is pronounced sveden, with the ‘v’ sound in swedish. This is a critical distinction, for the same principal is at work with the terms Law and Love.

In Afurakani/Afuraitkaitnit culture the words and concepts Law and Love are fundamentally the same. To be “in love” with someone or something from the Afurakani/Afuraitkaitnit perspective, the true perspective, is to be “in law” with that person or thing. This means that you are functioning in harmony with Divine Order with respect to your interaction with that person or thing.

The consonantal structure of the words Love and Law are **LV** and **LW**. From the Afurakani/Afuraitkaitnit perspective, they are the same word and hold the same spiritual meaning. However, because of the corruption of our phonetic script, the originally identical words *love* and *law* **and ultimately the conceptualizations represented by these terms** were corrupted by the whites and their offspring. As a result of said corruption these terms are now mis-defined as being unrelated to one another. In reality, when the whites and their offspring use the term **love**, they are actually describing the concept of **lust** which is properly defined as *misguided desire*. In Afurakani/Afuraitkaitnit Ancestral Religion and Culture, lust (misguided desire) is properly recognized to be--**not** the *opposite* of love/law--but the **perversion** of love/law. When the whites and their offspring use phrases such as “falling in love” what they are truly conveying is the concept of “falling in lust”. In the publication, **MATE MASIE The Ancestorhood of Nana Yao (Dr. Bobby E. Wright)** by Kwesi Ra Nehem Ptah Akhan it is stated:

“Law is the expression of order. Divine Law is the expression of Divine Order. The laws governing Afurakani/ Afuraitkaitnit (African) society are expressions of Divine Order. At the most fundamental level, the concepts of law and love in Afurakani/ Afuraitkaitnit (African) cultures are identical. Love is that which attracts balance, for it is the force which draws one’s complementary to him or herself so that order may be had. Law is that which attracts Balance, for it is the instrument which draws one to establish or re-establish order in their lives.”


Taking the concept further it is stated:

“For Afurakani/ Afuraitkaitnit (African) people, to be “in love” is to be “in harmony with Divine Law”. To be “in love with someone” is to be “in harmony; in law with someone”. If someone is “lovable” or “lovely”, it is because they are “lawful”. I.e., they are expressions of Divine Order. They function in harmony with Order, thereby manifesting “beauty” in the real sense. Because the nature of Afurakani/ Afuraitkaitnit (African) people is rooted in Divine Order we are mandated to manifest beauty by harmonizing our life activities with the Order in Nature on every level including the individual, marital, familial, communal, national, international (world Afurakani/ Afuraitkaitnit (African) body/ community) and the Ancestral levels...”

The whites and their offspring deliberately separated the notion of *law* from *love* for the purpose of cultural, spiritual and ultimately the physical enslavement of Afurakanu/Afuraitkaitnut. They promoted *their* “love”

concept which is actually their promotion of the definition of lust--the perversion of law/love. They then applied this corruption to their fake religious philosophy. When they forced their fake religions and the foolish philosophies associated with them upon Afurakanu/Afuraitkaitnut, the goal was to make us perversely “love” or lust after their fake white gods. *The immature amongst us then began to unconsciously develop a lust (misguided desire) for the whites and their offspring--the representatives of the fake white gods on Earth.* The immature amongst us would therefore develop a lust for the embracing of white culture, while falsely believing that they were engaged in a process of embracing Divine Order. The immature would also develop a misguided fear that if they were to attack the whites and their offspring that attack would be sinful, for they would be placing themselves in conflict with the “children of god”. By default, the immature amongst us would denigrate themselves, denigrate all Afurakanu/Afuraitkaitnut, denigrate the actual **Abosom, Orisha, Vodou, Ntoru/Ntorotu**, the actual Black Goddesses and Gods/the Spirit Forces of Creation. They would denigrate Afurakani/Afuraitkaitnit Ancestral Religion and Culture. They would denigrate reality itself. Our self-destruction was thereby set in motion. Conflicts arose between the mature Afurakanu/Afuraitkaitnut in society who rejected the perverse white culture and pseudo-religious concepts and the immature Afurakanu/Afuraitkaitnut who embraced the perverse white culture and pseudo-religious concepts. Civil war was the result. As we weakened ourselves internally, the whites and their offspring waged war against us externally attacking from the outside. It is in this manner that they were able to gain control over our societies after having employed this process for centuries.

Today, we see that immature Afurakanu/Afuraitkaitnut still maintain a perverse love—lust—for the whites and their offspring and fake white gods and personages who never existed of any race. These make-believe cartoon-character “gods” and personages include: jesus, yeshua ben pandira, muhammed, allah, yahweh, buddha, brahmin, abraham, isaac, ishmael, jacob, jah, moses, david, solomon, sheba, menelik, etc. Yet, the immature believe that they are upholding Divine Law. They believe that they are in harmony with Divine Order by embracing these fictional characters. It is through our embracing of the proper definitions that these fallacies will be eradicated.

In the language of Kamit the terms for **law** and **love** are **maa** and **mar** (also written **mer**) respectively. The term **maa** (law) and the term **mar** (love) **are both indicated in the metutu (hieroglyphic symbols) with the exact same determinative symbol, the eye:** . The **metut** (symbol) of the eye *represents* both **law** and **love** (*maa* and *mar*) in Kamit, because we have always seen these two terms related phonetically and conceptually.

The term **maa** itself has two major definitions in Kamit. The first definition of **maa** is: *law, true, straight, real, balance.* The second definition of **maa** is: *sight, inspection, to see, to oversee.* **The metut of the eye is used in both the first and second definitions of maa (law) as well.** Why is the eye used as a symbol for both definitions of the word for **maa** (law) as well as a symbol for the word **mar** (love)?

The particular eye *metut* used to define these terms represents the Divine eye (insight) of the Supreme Being. To align yourself with the Divine Eye is to avail yourself of the ability to *see* the truth, *see* the law governing Creation. When you align yourself with Divine insight (**maa**) you are aligning yourself with divine Law (**maa**), *that which is true, straight, real, unwavering.* You are then showing love (**mar**). You are showing *commitment* to Divine Order. You are now “in” law/love (you are in-sight-ful(l), you are showing in-sight into Divinity; you are in the sight/scope/perimeter and parameters of the Supreme Being’s Divine Order. You are now in love/law (mar/maa). You are in a truly (true/maa) *committed* relationship. *The dynamics of these relationships can be*

experienced ritually by Afurakanu/Afuraitkaitnut and made applicable socially. This is the reason why the symbol of the eye is used in **maa** (law) **maa** (sight; inspection; oversight) and **mar** (love). The eye is also the organ through which attraction is confirmed. Making eye contact is a means by which one can show his or her law (love) towards his or her complement, his or her other half. The eye allows one to *see* his or her balance (*maa/law*), complement, to *see* (*maa*) his or her “love”/law.

The language of ancient Kamit had different dialects. The dialect known as **Coptic Egyptian**, is the form also known as **Late Egyptian**. This is the form that the language of Kamit took at the close of the ancient civilization. It came into common usage about 2000 years ago. In the *Coptic* dialect, the term **maa** (law) is written and pronounced **me** (meh). Also, in the *Coptic* dialect, the term **mar** or **mer** (love) is written and pronounced **me** (meh). The ‘r’ is a rolling ‘r’ when pronounced, just as in the languages of contemporary **Afuraka/Afuraitkait** (Africa) today. At regular conversation speed, this ‘r’ sound (tongue tapping the roof of the mouth once) is almost silent. Thus, in the oldest dialects going back over 7,000 years **maa** and **mar**, law and love, are related phonetically, hieroglyphically (using the symbol of the eye) and conceptually, and in the last surviving form of the language, *Coptic*, **maa** and **mar** become **me** and **me**. The terms are identical phonetically and conceptually.

The word **mar** (love) is also written **mara** in Kamit. This is also why in the language of Kamit, the term for: *overseer, inspector, upholder/protector of rules/laws* is also **mara** (also written as **mer** or **mera** and written in *Coptic* as **Bar** or **Bara**). This word survives as **bara** (sometimes contracted to **bra**) in the **Twi** language of the Akan carrying the exact same meaning. In Akan/Twi, the singular form of **mmara** (law) is **bara**. Same word, same concept from ancient Kamit to Akan. Moreover, the title **bara-fo** (also **abrafo**), in the Akan language is defined as: *one of the people/group (fo) who are the law (mmara or mbra)*. These **bara-fo** (**brafo, abrafo, mmarafo**) or **mmara** (law) **fo** (people) are the “police”, maintainers of order, overseers, those who have insight into the laws underpinning the society and are those who uphold those laws. They are also executioners.

Finally, the term for *love, desire* in *Twi* is **pe** which is the root of **mpena** (lover). This term **mpena** is also written **mpra** and **mpara** (variation of **mpena** and **mpana**). The pronunciation of the rolling ‘r’ in the *Twi* language at regular conversation speed is nearly identical to the pronunciation of ‘n’ when ‘n’ is encased within a word. **Mpana** and **Mpara** thus sound identical. The interchange between the rolling ‘r’ and the ‘n’ sounds is very common in *Twi* and many other Afurakani/Afuraitkaitnit languages.

Mmara or **Mbra** (the spelling for **law** in two different *Twi* dialects) is thus related to **Mpara** (lover; love). **Pe** (love; desire) in *Twi* is also derived from the Coptic **Me** (love). **P** and **B** are interchangeable in linguistics. The same is true of **M** and **B**. (Note that in *Twi* the term for *blood* is written variously as **mogya, mbogya** and **bogya**. The **m** and **b** are interchangeable. The same is true of **m** and **p** in certain circumstances.) See the correspondences below:

Early Kamit

Coptic (Late Kamit)

Maa (Law)

Me (Law)

Mar (Love)

Me (Love)

Early Kamit

Maa (Law)
Mara (Love)

Twi (Akan)

Mmara or **Mbra** (Law)
Mpara or **Mpra** (Lover)

Coptic (Late Kamit)

Me (Love)

Twi (Akan)

Pe (Love)

Coptic

Mara or **Bara** (inspector/overseer)

Twi

Bara or **Bra-fo** (upholder of law; overseer of law)

Afurakanu/Afuraitkaitnut have always recognized the reality that not only is Love/Law the same word and concept but that **Law is a Divine Living Entity**. Divine Law is a Twin Spirit Force in Creation Whom we work to align ourselves with. This is yet another reason why we do not “fall” in and out of Law (Love)---**we do not fall in and out of a Spiritual Entity**.

In the language of ancient Kamit, the **Ntoro** and **Ntorot** (*Neter* and *Netert*/God and Goddess) of Law and Balance are **Maa** and **Maat** respectively. These Divinities, These Spirit-Forces in Creation hold the Created Universe Together. They govern the center of balance in your body and within the operation of your spirit. This is why the general term **maa** means: *law, balance, straight, true* in the language of Kamit. Again, this term becomes **mmara** (**maara**) meaning *laws, rules* in the *Twi* language of the Akan. The terms and their definitions are derived from the names and the functioning of the actual Deities **Maa** and **Maat** in Creation.

Afurakanu/Afuraitkaitnut thus harmonize with Divine Law by harmonizing our thoughts intentions and actions with the *Ntoro* (God) of Law, Whose name in Kamit is **Maa** and by harmonizing our thoughts, intentions and actions with the *Ntorot* (Goddess) of Law, Whose name in Kamit is **Maat** (*see picture below*).



MAAT

KYI – Hate

The etymology of the english term **hate** is initially traced back to the greek term **kedos**. The **-os** is a greek linguistic device that is added to many of the root words in that language. The root of *kedos* is thus **ked**. From *ked* came **khed, hed, het** and the english **hate**. In greek, the term **kedos** is defined thusly: *to break, to destroy*. The english definition and conception of **hate** is derived directly from that conception. You *hate* something or someone when you *reject* it or them totally--when you seek only *to destroy, break, disassociate yourself from* it or them fully. Why is the english term for hate derived from a greek term meaning to break or destroy? It is because the greek term is a corruption of an ancient term from Kamit.

When the greeks invaded Kamit, they corrupted, stole and perverted many of our words, concepts, teachings about the **Ntoru/Ntorotu**. The term **kheth** (often written in the *metutu* without the vowel as **kht**) in the language of Kamit means: *to break, to destroy, to overthrow, to enact violence upon*. This term is often doubled into **khethkhet** (often written in the *metutu* as **khtkht**). The doubling concept exists throughout Afuraka/Afuraitkait to emphasize a specific quality of a person or concept. The determinative *metut* defining the word **kheth** is a man holding a stick in his hands in the action of *beating, pounding, breaking, destroying*



something. Variations of the word in Kamit have the following meanings: *to crush, pound, bruise, kill, slay*. This is the reason why when **kheth** was corrupted by the greeks into **kheth-os** (ked-os) the term retained its meaning: *to break or destroy*. This is the essence of **hate** and is why it still has the same conceptual meaning in the english version of the word.

One variation of the word **kheth** in Kamit that is critical to our discussion is **kher**. This word also is sometimes doubled in Kamit: **kherkher**. This word means: *to overthrow, to destroy, etc*. **These distinctions are critical because both words survive in the Twi language carrying the exact same meaning**. The *metut* making up the **'kh'** sound in Kamit is: ☉. The sound for this *metut* is a **'K'** sound in some words and a **'Tch'** or **'Ch'** sound in other words (similar in english to the **'k'** sound of the **'ch'** letter combination in the word *chronology*, and the **'ch'** sound for the **'ch'** letter combination in the word *check*). Thus the words **kheth** and **kher** pronounced 'cheet' and 'chee-ree' in Kamit survive in the *Twi* language as **kyi** and **kyiri**. In the *Twi* language, the combination **'ky'** is usually pronounced like the english 'ch'. Thus **kyi** and **kyiri** are pronounced 'chee' and 'chee-ree' in *Twi*. Both words in *Twi* are verbs and they both mean: **to hate**. See the correspondences below:

Kamit

Twi (Akan)

kheth (cheet) to destroy/hate

kyi (chee) – to hate

kher (chee-ree) to destroy/hate

kyiri (chee-ree) – to hate

In *Twi*, **kyi** also has the definition: *to press, squeeze, wring or crush out*. [It is important to note that while **kyi** in *Twi* is a verb: *to hate; to abhor*, some have popularized the term **okyi** as a noun version of the word meaning: *hatred, abhorrence*.]

The letter **'h'** in Kamit is pronounced with the aspirated sound as in 'hello' or the **'Tch'** or **'Ch'** sound. We thus have variations of the same terms where the *metut* for 'kh' is replaced with that of 'h'. These terms have the same meanings. We have the following variations:

Kamit (b version)

heta (hehta) to break, to tear up
het (hehd) to strike; vanquish; subdue
hedhed (hehd-hehd) to batter down; crush
herher (hehr-hehr) to demolish; pull down

Kamit (kb version)

khet impaling pole (*upon which enemies are hung, executed*)
khet to cut into; to pierce, to penetrate
khetkhet to break, cut into pieces, destroy
kherkher to root up, to destroy

In Akan culture the term **akyiwade** or **akyide** is composed of **kyi**, *to hate*, and **ade**, *things, objects, deeds, entities*. **Akyiwade** or **akyide** are therefore: *hateful, abominable, abhorrent things, objects, deeds, entities*. This translates into english as *taboos*. In Akan culture, **akyiwade** are defined as those things, objects, deeds, entities that are taboo, those things, objects, deeds, entities (**ade**) that the **Abosom** (Goddesses and Gods) and **Nyamewaa-Nyame** (The Supreme Being) **hate** (**kyi**). This is **Divine Hate**.

Akyiwade are things, objects, deeds, entities which are **Divinely prohibited**. As with the Akan, all Afurakani/Afuraitkaitnit Ancestral Cultures and Religions have terms within their languages which are defined in the **exact** same manner. **Such is the case because all Afurakanu/Afuraitkaitnut recognize the reality as given to us by the Supreme Being that kyi, to hate, is Divine.**

From the proper Afurakani/Afuraitkaitnit perspective, **to hate is to reject**. Approximately 1 out of every 100,000 cells in your body is cancerous at any given time. These cells began as normal cells, yet for a particular reason became disfigured and thus began to malfunction. These now-disfigured cells began to seek out, consume and destroy other healthy cells. Yet, the reason why everyone has not developed cancer is because of the body's response to these cancerous cells. The cells of the **immune system** respond to cancerous cells by seeking them out, destroying them, and expelling them from the body. **This immune response is a Divinely ordered response. It is an intelligent response. Your immune system is the vehicle of the Supreme Being's Divine Hate operating through your body. It rejects cancerous cells (disorder) in the body.** In a similar fashion, there is a Divine immune system in Creation. Creation's Immune System is the Divine Hate of the Supreme Being. It is that Twin Spiritual force which upholds the Divine Order of Creation.

In the language of ancient Kamit, the **Ntoro** and **Ntorot** (God and Goddess) of **hate** are **Heru** and **Het-Heru** respectively (also called **Her** and **Herit** respectively). These Divinities, These Spirit-Forces in Creation, maintain the integrity of the Created Order, Together. They govern the immune response within your body and within the operation of your spirit. There are a number of **Ntoru** (Gods) Whom include the title **Heru** in Their names. The particular form of **Heru** called **Heru Behudet**, is the **Ntoro** of war, metal/iron, Divine Justice. He is the Son of **Ra** (The Creator). He is also called **Sekhem Shut** (the Powerful Winged One), when

He takes the form of the Winged Celestial orb/disc:



The wife of **Heru Behudet** is **Het Heru**, also called **Herit**. She takes on the title **Sekhemet** (Powerful One) when She operates as the destructive force annihilating disorder and its purveyors. There are a number of **Ntorotu** (Goddesses) Whom include the title **Het-Heru** in Their names. In the texts of Kamit, **Heru** as **Heru Behudet** destroys all of the enemies of **Ra** (the Creator) under His orders. In the texts of Kamit, **Het-Heru** as **Sekhemet** destroys all of the enemies of **Ra** under His orders. **Heru** and **Het-Heru** are Husband

and Wife, complementary Spirit-Forces Who **impress** the Divine Hate of the Supreme Being upon Creation. **Heru Behudet** and **Het-Heru** function as the **contractive** pole of Divine Order (**Hate**) while **Maa** and **Maat** function as the **expansive** pole of Divine Order (**Law**). Afurakanu/Afuraitkaitnut harmonize with Divine Hate by harmonizing our thoughts, intentions and actions with the **Ntoro**/God of Hate, Whose name in Kamit is **Heru (Heru Behudet; Heraakhuti, Sekhem Shut, etc.)** and by harmonizing our thoughts, intentions and actions with the **Ntorot**/Goddess of Hate, Whose name in Kamit is **Het-Heru (Herit; Sekhemet)**. She is also called Chieftainess of the Red Mountain.

Heru Behudet also has the title **Heru Kheti** and **Heru Heri Khet**. Both of these titles include the term **khet(i)** and refer to Heru's function as the *piercing, fiery, warrior, destroyer*. He is **Heru** the **Heri** (Chief/Master) of **Khet** (destruction/hate).

Het Heru or **Herit** has the title **Skhet** (**Sekhet** a variation of **Sekhmet**). The general term *s-khet* is comprised of **khet**, *to destroy*, and the causative prefix **s-**. The prefix **s-** in the language of Kamit indicates that something is being made to occur. To be called **s-khet** is to show that one is causing (s) **khet** (destruction/hate) to occur. He or she is thus the causer/bringer/executor of destruction. The term is thus represented with the *metut* of the man wielding the weapon (see above) and defined thusly: *blow, beating, punishment*. Both Divinities thus have titles and functions that demonstrate Their role as the Twin Agents of **Khet, Kyi**, the Divine Hate of **Nyame** and **Nyamewaa**. (**Ny-Ame** is the God **Amen** while **Ny-Ame-waa** is the Goddess **Amenet** from Ancient Keneset and Kamit).

We must also recognize that **Heru** or **Her** is a name, while the general term derived from the name, **heru** or **her**, is a variation of **kheru** or **kher**, meaning: *to destroy, to overthrow (hate in the true sense)*. We now have a better understanding of the term **maakher** or **maakheru**. The terms **heru** or **her** also have the connotations: *to set in order (restore order); to terrify; to frighten*. The same determinative *metut* (symbol) of the man raising his weapon in the act of striking is used in these variations as well.

Afurakanu/Afuraitkaitnut have always understood the following truisms:

The universe is Created through Divine Law (love) and the universe is sustained through Divine Hate.

Law is the **expression** of order. **Divine Law** is the **expression** of Divine Order. **Hate** is the **impression** of order. **Divine Hate** is the **impression** of Divine Order.

Divine Hate impresses or imprints upon Creation the parameters within which we are to function properly. Operation outside of these parameters is disorder, which Divinity does not support and thus destroys.

Divine Hate as a functional reality is properly defined as: **the rejection of disorder for the purpose of maintaining the Divine Order.**

If one is not rejecting disorder, then one is not exercising hate. Just as the whites and their offspring deliberately corrupted the definition of love (law) to fit their reality (lust) so have they corrupted the proper definition of hate to fit their reality--**malice**.

It is the concept of **malice**, properly defined as *evil intent*, that the whites and their offspring have deliberately mis-defined as **hate**. The whites and their offspring incarnate as spirits of disorder. They are therefore incapable of hate---**the Divine rejection of disorder for the maintenance of Divine Order**. In order to embrace hate, they would have to remove themselves from the planet, for in order to exercise hate they would **by definition** have to seek to destroy disorder---themselves. **They would have to reject that which they are an incarnation of (disorder).**

In reality, the whites and their offspring exercise **malice** (evil intent). Malice is what prompts one to break, to destroy things and/or entities **outside of harmony with Divine Order**. When one engages in malice, one does not reject for the purpose of maintaining Order, one rejects for the purpose of perverting Order, destroying Order, eliminating any semblance of Order and replacing it with disorder, with chaos. Moreover, it must be clearly understood that disorder is the only true evil. Disorder is **not** the opposite of Order. Disorder is the **perversion of** Order. Divinity does not support disorder in Creation. Disorder is thus routinely eradicated by **Abosom, Orisha, Vodou, Arusi, Ntoru/Ntorotu** (Deities) Created specifically for that purpose.

Just as it is natural, Divine, for the living cells of your immune system to hate, to reject, to eradicate the disfigured living cancerous cells in your body without exception nor compromise whatsoever, so is it natural, Divine, for Afurakanu/Afuraitkaitnut who are immune cells within the Divine Body of **Nyamewaa-Nyame**, to hate, to reject, to eradicate the whites and their offspring, the cancerous cells in the Divine Body of **Nyamewaa-Nyame**, without exception nor compromise whatsoever.

As stated in our **MAAKHERU** audio webcast on this subject:

*...Just as lust is the perversion of love or law, so is malice, evil intent, the perversion of hate. It is malice, evil intent, that the whites and their offspring have projected onto Afurakanu/ Afuraitkaitnut for thousands of years. The whites and their offspring are not capable of hate. For Hate is the Divine rejection of Disorder, for the purpose of maintaining the integrity of Divine Order. The whites and their offspring are spirits of disorder. They can never reject disorder, for they would be rejecting themselves. They did not reject Afurakanu/ Afuraitkaitnut. They had an overwhelming lust, or misguided desire or draw to us. They traveled thousands of miles to Afuraka/ Afuraitkait un-invited and invaded our lands. For centuries, they would drag millions of us thousands of miles to their occupied territories against our will. They forced us to live and slave for them for the rest of our lives and their lives against our will. If we attempted to escape, they went out of their way to come after us and drag us back to them. This is not hate, this is not rejection of disorder, it is the **promotion** of disorder. This is malice, an evil intent to pervert and destroy. This is not law or love, which the whites and their offspring are incapable of. This is lust, a misguided desire to possess, to control. And it continues wherever we are found in close proximity to the whites and their offspring around the world.*

Afurakani/Afuraitkaitnit Ancestral Culture is the Divine Acceptance of Order and the Divine rejection of disorder. *It is the law or love of Order and the hatred of disorder. Our culture, our way of life, is rooted in adhering to Order through embracing Law and rejecting disorder and its purveyors by employing Hate. We have been taught that hate is a negative emotion. Hate is self-destructive. Hate is consuming. Hate is heavy. Hate represents a low vibration of energy. **This is foolish. Malice is heavy, for you have taken on disorder, and your spirit rebels. This conflict creates a self-consuming frustration and stress. Thus, malice is consuming. Malice and misguided frustration creates a low vibration. However, Hate is effortless. Hate is light. To reject/hate disorder is***

to free your spirit from its burden. Your immune system destroying cancerous cells is not burdening you---it is freeing you....

The whites and their offspring realized once they had gained control over some of our societies that the only way a minority (themselves) could control a majority (us) was to corrupt the ideas of a certain percentage of the majority. **They understood that as long as the majority recognized the reality that Hate is Divine, the Black majority would have no problem killing the invading white minority as an act of Divine Justice.** Thus, over the course of centuries the whites and their offspring worked tirelessly to corrupt the idea of hate into an evil idea, as opposed to its true essence---the **Divine Force** created by **Nyamewaa-Nyame** to maintain **Divine Order**. This corruption of hate into an evil idea was propagated by the whites and their offspring most importantly via their pseudo-religions. It is tantamount to cancerous cells in your body calling your immune cells evil, because they are seeking to destroy the cancerous cells.

Hate is a Divine Endowment from Nyamewaa-Nyame to Afurakanu/Afuraitkaitnut

Finally, as the only *created* people in the world, only Afurakanu/Afuraitkaitnut have the capacity to embrace and harmonize with Divine Law and Divine Hate. When we speak of harmonizing with the Order in Nature on every level we are speaking only of harmonizing with other *created* entities. A *created* entity is one that came into being by Divine mandate. By definition this excludes all of the whites and their offspring who exist, who have ever existed and whom ever will exist. None of the whites and their offspring came into being via Divine mandate (this includes all white europeans, white americans, white asians, white “east” indians, white arabs, white hispanics/latinos/latinas, white so-called “native” americans, etc.). Their existence is very recent in the **trustory** of the world and is a manifestation of the degeneration, spiritually and genetically, of a small percentage of Afurakanu/Afuraitkaitnut (less than .001%) who were separated from the majority Afurakani/Afuraitkaitnit population over 20,000 years ago.

The maintenance of Order in our bodies, our spirits, our culture, our society, our lives as Afurakanu/Afuraitkaitnut is absolutely dependent on us embracing Divine Hate just as strongly and equally as we embrace Divine Law (Love).

This article will be continued in our next issue.

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AWUKUSEM

NHWEHWEMU

*Below is an excerpt from the transcript of: **KUKUU-TUNTUM The Ancestral Jurisdiction**. To download our entire **KUKUU-TUNTUM** (3-CD audio set) for free go to our website at: www.odwirafo.com*

“ . . . The whites and their offspring attempted to force **Afurakanu/Afuraitkaitnut** into the false belief that whites had a special relationship with god by creating a fictional son for god and claiming that this fictional white character was the savior of the world. They attempted to make Afurakanu/Afuraitkaitnut believe that our happiness and well being in life and after death is absolutely dependent on us believing in and worshipping the fictional white character. The whites desired to identify themselves with god through their fictional character and therefore force Afurakanu/Afuraitkaitnut into the false belief that whites and their offspring are divine or have god’s blessing no matter what they have done to Afurakanu/Afuraitkaitnut. The whites attempted to control every aspect of the lives of Afurakanu/Afuraitkaitnut through introducing this fictional character that teaches we should love all of our neighbors. These disordered fictional teachings they attached to their fictional character are designed to make Afurakanu/Afuraitkaitnut accept the invasion, destruction, abuse and control from whites and their offspring, and view our suffering and their control as divinely ordered from god. They gave the name *jesus, yeshua or hesus* to this fictional white character.

jesus never existed. The name *jesus, yeshua or hesus* is taken from the name **Khensu**, which is one of the titles of the God **Heru**. In the language of Kamit, **Khensu** is composed of **khi**: which means *child* and **nsu**: which means *royal, Divine, king, and king of southern Kamit*. **Khensu** thus means *Divine royal child*. For tens of thousands of years Afurakanu/Afuraitkaitnut have communicated with the God **Heru** and invoked His Spirit under His title **Khensu**. This title of **Heru** was corrupted by the whites from **Khensu**, into *hesus, yeshua and jesus* and applied to their fictional white character.

The God **Heru** is a Spirit Force in Creation Whose energy is operating through the core of the Earth, and the core of the Sun. In your body, **Heru’s** energy operates through your cardiovascular system whose major organ is the heart. In your spirit, **Heru’s** energy operates through your will.

The Divine Energy of the Great Spirit, **Ra/Rait**, flows throughout all things in Creation. The God **Heru** is a Spirit Force in Creation Who regulates the flow of this Divine energy so that all things in Creation can receive their share of this energy of **Ra/Rait** and use it to execute their functions in the World. **Heru** executes this function as He operates through your heart and cardiovascular system, regulating the flow of blood from the heart to all cells in the body, so that all cells can receive the energy they need to execute their functions in the body. **Heru** executes the same function as He operates through your will, regulating your energy, your actions, towards various behaviors that allow you to execute your function in the world. **Heru** executes the same function as He operates through the core of the Sun, regulating the flow of solar energy from the Sun

to the planets of the solar system, so that the planets can receive the energy they need to execute their functions in the solar system. **Heru** executes the same function as He operates through the solar energy at the core of Earth, regulating the flow of energy from the core towards the surface of Earth so that the water, sky, plants, animals, minerals and humans can receive this energy and use it to execute their functions in Nature.

Heru is thus the Spirit Force in Creation that takes the energy of the Great Spirit, **Ra/Rait**, and regulates its flow to us all. **Heru** is at the heart or core of all things including animals, plants, planets, stars. The knowledge of this God, this powerful Spirit in Nature, was corrupted by the whites and applied to their fictional white character jesus who they made to be a white male, god's only begotten son, who is directly related to white people and teaches us to love whites, our enemies, as we love ourselves.

The root of the name **Heru** is **Her**. **Her** or **Heri**, in the language of Kamit means, *Chief, King, He Who is above, leader*. This is one of the reasons why **Heru** has the title *Heri* or King. The Sun also has the title as it is the *Heri* or king of the solar system. Your heart is the *Heri* or king in your body. Your will is your *Heri* or king of your actions. The core of Earth is the *Heri* or king of the planet. Your heart, your will, the core of the Earth and the core of the Sun are also hidden from view, and the Divine energy they regulate is invisible or hidden. The term **Seshta**, in the language of Kamit means that which is hidden, secret or sacred. This is why Heru also has the title **Heri Seshta**, which means king or chief, *Heri*, of that which is hidden, secret or sacred, *Seshta*. This title **Heri Seshta** was also given to some priests and priestesses in Kamit. This title was corrupted by the whites from **Heri Seshta** to **Heri Seshtos**, **Kerishtos** and **Christus** or **Christ**. Thus, **Heru** or **Khensu** the **Heri Seshta** was corrupted into hesus the kerishtos and jesus the christ.

As the whites manufactured their fictional white savior, they used the names and titles of the God **Heru**, and the knowledge of the God to create a fictional life story for the new white character.

The entire story of the son of god being born of a virgin, who would grow up to lead the people, be killed and become resurrected as the savior of the world was stolen by the whites from the knowledge of the God **Heru**, His Mother the Goddess **Auset**, His Father the God **Ausar**, and His Father's brother the God **Set**.

Ausar is a God in Creation Whose Spirit operates through the star system of **Sah**, called Orion, through the Moon, and through the black soil substance of Earth. In your body, **Ausar's** energy operates through your pituitary gland. **Ausar** operates as the masculine aspect of your soul, your **Ka**. **Ausar** is thus the Force dwelling within your spirit that is always rooted in what is in harmony with Divine order. **Ausar** is a God Whose Spirit has the ability to unify the functions or operations of the various Forces in Nature. The God **Ausar** was thus ordered by the Great Spirit to operate on Earth and teach Afurakanu/Afuraitkaitnut, by example, how to live in harmony with Divine law.

Auset is a Goddess in Creation Whose Spirit operates through the star system **Sapadet**, or Sirius, through the Moon, and through the river waters of Earth. In your body, **Auset's** energy operates through the vagina and uterus structure in the female and the penis and prostate gland of the male. **Auset** operates as the feminine aspect of your soul, your **Kait**. **Auset** is thus the Force dwelling within your spirit that makes you receptive to what is in harmony with Divine order. **Auset** is a Goddess Whose Spirit has the ability to maintain the unity of functions and operations of the Forces in Nature. The Goddess **Auset** was thus ordered by the Great Spirit to operate on Earth and teach Afurakanu/Afuraitkaitnut, by example, how to maintain their living in harmony with Divine law.

The God **Set** is the brother of **Ausar** and **Auset**. The God **Set** is a Spirit Force in Creation Whose energy operates through the star system **Meskhetei**, called the Great Bear, the planet Mercury and the deserts or red hot lands of Earth. In your body, **Set's** energy operates through the nervous system, and the gonads, which are the testes of the male and the ovaries of the female. In your spirit, **Set's** energy governs your desire. Desire can be for that which is in harmony with Divine law, yet desire can also be misguided, making that which is disharmonious seem attractive.

In **Afuraka/Afuraitkait**, the Great Spirit, directed the God **Ausar** and the Goddess **Auset** to operate amongst the population of Afurakanu/Afuraitkaitnut and guide our spirits to living in harmony with Divine law and how to maintain the life of harmony. **Ausar** and **Auset** became King and Queen in Afuraka/Afuraitkait. As Afurakanu/Afuraitkaitnut in Kamit and Keneset lived under the government of the King **Ausar** and the Queen **Auset**, we learned the Divine balance of male and female. **Ausar** and **Auset** instructed us in spiritual cultivation, as well as the cultivation of the land. We began to apply what we learned under the guidance of **Ausar** and **Auset** and we built great civilizations around the world reflecting the Divine harmony of Creation. Our culture is a reflection of the Divine balance of male and female, **Ausar** and **Auset** in all things.

Yet, the God **Set** desired to govern Kamit Himself, in place of the God **Ausar**. **Set** therefore plotted and killed **Ausar**, disposed of His Body in the river, took over the rule of Kamit, and began a tyrannical, disharmonious government rooted in misguided desire, disorder, lust.

After the murder of **Ausar**, the Goddess **Auset** was forced out of Her role as Queen of Kamit. She searched tirelessly for the Body of Her Husband **Ausar** that He may be given a proper burial. When She found the Body of Her Husband, **Auset** performed ritual. She began to invoke the Spirit of **Ausar** from His existence in the Ancestral realm. Through ritual, **Auset** communicated with Her Husband and was drawn to His Spirit. Through Their Divine Spiritual union **Auset** became pregnant. Because of Her devotion to Her Husband, **Auset** was referred to under the title **Merit**, which means *beloved* in the language of Kamit. She was called **Merit Ausar**, or the *beloved of Ausar*. The whites corrupted this name **Merit** into *mary* and *maryam* and gave it to their fictional white female character. The union of the Spirit of the God **Ausar** with the Goddess **Auset** which resulted in **Auset** becoming pregnant with Her Son, the God **Khensu Heru**, was corrupted by the whites into the immaculate conception and virgin birth by a fictional white character named *mary* who would give birth to a fictional white boy, hesus or jesus whose father was god.

The Goddess **Auset** was informed by the God **Tehuti** that the Son She was carrying in Her womb would grow to be strong. He would defeat and remove **Set** from power and reestablish Divine law and order. As Divine Heir to the throne, the son of the God **Ausar** would restore the Divine government of His Father. **Auset** was directed to give birth to Her Son and raise Him away from the seat of power of the government, because **Set** had declared that all male children would be killed. **Set** knew that the Son of the God **Ausar** was going to be born. He knew that the Son of **Ausar** was the rightful Heir to the throne who would challenge the evil government and abolish it. **Set** thus sought to kill the child as soon as he was born. However, **Auset** followed the directions of **Tehuti**. She gave birth to **Khensu Heru** and hid away in the swamps of Northern Kamit. The whites corrupted this knowledge of the Gods and Goddess into a prophecy to a fictional white female, *mary*, by an angel that she would give birth to the son of god. The whites made their fictional *mary* go into northern Egypt or Kamit to hide her fictional son jesus. This is also one of the reasons why the whites made their fictional moses to be hidden in the swamps of Northern Egypt as a baby. The whites also corrupted the knowledge of the God **Set** into the fictional account of the evil king *herod* who decided to put

to death all newborn boys, so that the savior child would never live to challenge the government. The whites created a fictional character called the devil who they made into a spirit of absolute evil. They corrupted the name **Set** or **Seti** into Satan and applied it to their fictional devil.

The God **Set** eventually found that **Heru** had been born. He found out where **Heru** was and had him killed. One of **Set's** associates stabbed **Heru**. When **Auset** found that Her Son **Heru** had been killed, She went to embrace the deceased Body of Her Son and lamented. Her Sister, the Goddess **Nebt Het** also lamented with Her.

Nebt Het is a Goddess in Nature Whose Spirit also operates through the star system of **Sapadet**, called Sirius, through the planet Venus, and the rain waters of Earth. In your body, **Nebt Het** operates through your kidneys. In your spirit, **Nebt Het** governs your emotions.

As **Auset** and **Nebt Het** lamented the death of **Heru**, the Goddess **Serqet** told **Auset** to call on **Ra**. **Auset** called on **Ra** the Creator, and **Ra** sent the God **Tehuti** from heaven to cause **Heru** to be resurrected. The whites corrupted this episode into the two fictional marys, lamenting the death of the fictional jesus, and learning of his resurrection from an angel of the lord. **Auset**, has the title **Merit**, meaning beloved, yet **Merit** is also a title held by **Nebt Het**. For thousands of years Afurakanu/Afuraitkaitnut have communicated with these Goddesses and invoked **Auset** and **Nebt Het** under the title **Merit**.

After **Heru's** resurrection, there was great rejoicing because **Auset** saw in Him one Who would answer for His Father. **Heru**, along with another warrior God called **Heru Behudet** the son of **Ra**, led a great army to victory over **Set**, removing **Set** from government. **Heru** then assumed His rightful place as ruler of the world. The whites corrupted this episode, by applying these acts to their fictional character jesus, claiming that he would overcome satan with an army of angels and become ruler of the world. **Heru** and **Heru Behudet** fighting **Set** together, was applied to the fictional *messiah* and *mabdi* of the whites, who come to destroy the rule of satan.

Heru, with the Goddesses **Auset** and **Nebt Het**, performed a ritual to resurrect the God **Ausar**. **Ausar** was resurrected and His Spirit left the Ancestral realm to rejoin with the Great Spirit, **Ra/Rait**, to operate as a God in Nature. This knowledge of **Heru** or **Khensu**, along with **Auset** and **Nebt Het** resurrecting **Ausar** was also corrupted by the whites. The name **Ausar** was perverted into Osiris by the whites. The ancient title **Ur**, meaning great or the great, in the language of Kamit was corrupted by the whites into L [UL]. The God **Ausar**, under the title **Ur-Ausar**, was corrupted into L-Osiris. L-Osiris became L-azarus and Lazarus. The fictional jesus, with two marys behind him as their brother lazarus is resurrected, is a perversion of the knowledge of **Heru**, with **Auset** or **Merit** and **Nebt Het** or **Merit** behind Him, as They resurrect Their brother the God **Ausar**. Lazarus comes out in bandages, or mummified, because the God **Ausar** was always depicted in the form of a mummified God in Kamit.

In Northern Kamit, a major city called **Tata**, was sacred to **Ausar**, **Auset** and **Heru**. In this city, They were often referred to under the names **Ba Neb Tata**, **Hat Mehit** and **Heru pa khart**. **Ausar**, the Father was referred to as **Ba Neb Tata**, meaning the Ram, lord of the city Tata. **Ba Neb Tata** came to be pronounced Ba ne Tata or BanTera. The whites corrupted the title Ba ne Tata in to Pantara or Pandira. **Ausar** was thus referred to as Pandira, and His Son **Heru** was called **Heru**, son of Pandira. **Heru** or **Khensu**, the son of Pandira, was a title stolen by the whites and used for their fictional character who never existed called jesus or yeshua ben pandira, meaning jesus son of Pandira.

Heru operates through the core of the Sun. The cycles of the Sun, **Heru's** cycles, were used to create a fictional life story for the fictional white character Jesus. Every year at Spring, near March 21, the day consists of nearly 12 hours of sunlight and 12 hours of darkness. Everyday after the beginning of Spring, the days become longer and longer until on or near June 21 the days consist of approximately 15 hours of sunlight and 9 hours of darkness. Starting on or near June 24, the days become gradually shorter and shorter. By the beginning of Fall, near September 22, days and nights are again nearly 12 hours each. Daylight continues to diminish after the beginning of Fall until the first day of Winter, on or near December 21, when daylight is approximately 9 hours, and night lasts approximately 15 hours. Between December 21 and December 24 the 9 hour days and 15 hour nights continue. On December 25, the days begin to get longer and the nights become shorter. When March 21 arrives, the days and nights are approximately equal again at 12 hours each. When the daylight, the light of the Sun begins to increase on December 25, our Ancestresses and Ancestors recognized the birth of a new Sun. The Sun, which was created by the Supreme Being, was said to have been born. The Supreme Being's Sun is born every December 25. This Sun is the light of the World. The whites corrupted this knowledge into a fictional account of a white boy, called God's son, the light of the world, being born on December 25. Between December 25 and March 21, the sunlight is increasing, yet there are still more hours of darkness than there are hours of light. Darkness, or **Set**, rules the world as king. When the daylight increases to the point of equality with darkness on or near March 21, the powers of light and darkness are equal at 12 hours each. At this time on Earth, the Sun can be seen positioned on the intersection of the Earth's celestial equator and the Earth's ecliptic, which is Earth's pathway around the Sun. When the Sun is seen to be positioned on the intersection of the equator and the ecliptic, the Sun is said to be positioned on a cross. After March 21, the sunlight increases while darkness begins to decrease. The position of the Sun is no longer on the intersection of the equator and the ecliptic. The Sun is then said to have overcome its hanging or death on the cross. By June 21, the beginning of Summer, the Sun rises at its highest point in the sky. It is said that the Sun has ascended into Heaven to be with the Father.

This cycle of the Sun, **Heru's** cycle in nature, was corrupted by the whites into a story of a fictional white male who was born on December 25, struggled with the devil, the prince of darkness and evil king of the world, was hung on a cross, overcame death and ascended into the sky or heaven to sit on the right hand of his father. . . .”

The remainder of this excerpted transcript will be printed in the next issue.

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Khensu in human form



Khensu in His Hawk-headed form



Ausar



Auset



Heru

YAWUSEM

NKRABEA

*Below is the transcript from our **MAAKHERU** audio webcast entitled: *What does it mean to be Afurakani/Afuraitkaitnit?**

“ . . .Mikyia mo Afurakanu/Afuraitkaitnut. Nne ye Maakheru da. Me din de Kwesi Ra Nehem Ptah Akhan.

Greetings to all Afurakanu/Afuraitkaitnut. Today is Maakheru day. My name is Kwesi Ra Nehem Ptah Akhan.

What does it mean to be Afurakani/Afuraitkaitnit? Our collective **kradin**, our collective soul-name Afurakani/Afuraitkaitnit, describes the nature of our relationship as **Afurakanu/Afuraitkaitnut** to **Nyamewaa-Nyame**, the Supreme Being. Our collective *kradin*, our collective soul-name Afurakani/Afuraitkaitnit illuminates the collective function we are given by **Nyamewaa-Nyame** to execute in Creation. Our collective *kradin*, Afurakani/Afuraitkaitnit defines the capacities we have inherited, physical and non-physical, in order to execute that Divine function. Our collective *kradin* defines who we are and reveals through that definition who our enemies are.

Who are we as Afurakani/Afuraitkaitnit people? In our Ancestral language of **Keneset** and **Kamit**, meaning ancient Nubia and Egypt, the terms **Ka** and **Kait** are the masculine and feminine names for a raised land. A high land. An exalted land. A land above the banks of the river. A land raised up above the surface of the water. The high land upon which the Creator and Creatress first descended. **Ka/Kait**. The first land.

Ra is the name of the **Ntoro**, the God Who is the Creator of the world. **Rait** is the name of the **Ntorot**, the Goddess Who is the Creatress of the world. **Ra** and **Rait**, Together, function as One Divine Unit, the Great Spirit of **Amen/Amenet** of **Nyame-Nyamewaa**, the Supreme Being. **Ra** and **Rait**, the Great Spirit, are the Divine Living energy moving throughout all *created* entities. When **Ra** and **Rait** move through matter, matter becomes the house or flesh of the Great Spirit, just as your body is the house, the flesh for your spirit. The terms for house or flesh in Keneset and Kamit are **Afi** and **Afu**. This is why **Ra** and **Rait**, when moving through matter, when moving through *Afu*, are called **Afu Ra** and **Afu Rait**. This is also why in the Akan language terms for house and flesh are **Afi** and **Afo**.

Ra/Rait, the Great Spirit moved within the primordial Earth which caused a portion of the ocean floor to surge upward above the surface of the water. This was the first landmass of earth. This raised land was called **Ka** and **Kait** by our Ancestresses and Ancestors. When **Ra** and **Rait** first moved within the primordial **Ka** and **Kait**, the primordial hill or landmass, they made the land vibrant and full of life. The Creator as **Afu Ra** was moving through the **Ka**. The Creatress as **Afu Rait** was moving through the **Kait**. The land of the Creator, the **Ka** of **Afu Ra** is thus called **Afuraka**. The Land of the Creatress, the **Kait** of **Afu Rait**, is thus called **Afuraitkait**. **Afuraka/Afuraitkait** is thus the original land, the first land, the Divine land, the land of the Creator and Creatress. The Land of **Ra** and **Rait**.

The terms **Ka** and **Kait**, are also the male and female titles for soul. Your *ka* or *kait* is your soul, your Divine Consciousness. It is a portion of the **Ka/Kait**, the Soul/Divine Consciousness of the Supreme Being, **Nyamewaa-Nyame**. It is the seed of Divine Awareness dwelling within your spirit. That spiritual entity which pulls you in the right direction at all times. That which when you cultivate yourself spiritually, you will harmonize with. The terms **nu** and **nut** in the language of ancient Keneset and Kamit are the male and female terms for *children, offspring*. Thus to recognize ourselves as children, offspring, **nu/nut** of Afuraka/Afuraitkait is to recognize the components of our being. **Afu** – Flesh, **Ra** Spirit, **Ka** soul/Divine consciousness. **Afu** – Flesh, **Rait** – Spirit – **Kait** soul/Divine Consciousness.

We as Afurakanu/Afuraitkaitnut are those direct descendants of the only **created** people on Earth. Our *Afu*, our flesh, and the substance **abatumm**, called melanin, which gives us our pigmentation is of a different level and of a different quality than all other ethnic groups. Our *Afu* our flesh, is capable of receiving and transmitting the fullness of Divine energy flowing from **Ra** and **Rait**. Those individuals who left Afuraka/Afuraitkait, and who would eventually degenerate into the whites and their offspring, no longer have the proper levels nor quality of *abatumm*, of melanin, that we Afurakanu/Afuraitkaitnut possess. As spirits of disorder, even when the whites and their offspring have acquired increased amounts of melanin through miscegenation, the misguided practice of inter-racial coupling, they are not capable of drawing **Ra** and **Rait** to themselves. They are not shrines for the Divine Living energy of **Ra** and **Rait**. As spirits of disorder they actually repel **Ra** and **Rait**. They are repulsive to **Ra** and **Rait**, the Great Spirit.

Furthermore, the whites and their offspring do not possess a *ka* or *kait*, a soul, a seed of the Supreme Being's Divine consciousness. They do not possess this divine spiritual organ which is called *ka* and *kait* in Keneset and Kamit, *okra* in Akan, *ori inu* in Yoruba, and *se* in Ewe Vodoun. They are simply spirits of disorder operating through the degenerate physical vehicles within which they have reincarnated. This goes for all white europeans, white americans, white hispanics, white arabs, white asians, whites of india, white so-called native Americans and so forth. Only those of us who are truly Afurakani/Afuraitkaitnit possess a *ka* or *kait*. Our spirits naturally resonate at frequencies which are in harmony with **Ra/Rait** OUR Creator and Creatress, our Greatest Ancestral Spirit. We are therefore naturally attracted to and attractive to **Ra** and **Rait** and our spirits are constantly replenished by the Divine Energy of the Great Spirit from Whom our spirits were fashioned. This is also the reason why **Ra** and **Rait**, called **Da** and **Hwelousou Da** in Vodoun, **Nyankonton** and **Nyankopon** in Akan, represent the collective Ancestry of all Afurakanu/Afuraitkaitnit. It is our incarnation and reincarnation through specific blood circles which guarantees this designation for Afurakanu/Afuraitkaitnit and Afurakanu/Afuraitkaitnit only. **All people are not "African"**. Only Afurakanu/Afuraitkaitnit are Afurakani/Afuraitkaitnit.

Those who have one Afurakani or Afuraitkaitnit parent and one non-Afurakani or non-Afuraitkaitnit parent are considered bi-racial physiologically. However, the **Nananom Nsamanfo** have proven to us that the blood may be mixed, but the soul is not. If you are an Afurakani or Afuraitkaitnit Ancestral Spirit who returned through your Afurakani/Afuraitkaitnit descendant to live in the world again, and your descendant made the foolish mistake of engaging in miscegenation with a non-Afurakani/non-Afuraitkaitnit individual, you have been born with a physical body which is lighter in complexion than the body you had in your previous lifetime. However, you are the same Afurakani or Afuraitkaitnit spirit and you are connected to the same **Abosom, Orisha, Vodou**, the same Deities and the same Ancestral Clan, that you have been connected to for thousands of years. You are Afurakani if male. You are Afuraitkaitnit if female.

However, if the child of an Afurakani or Afuraitkaitnit parent and a non-Afurakani/non-Afuraitkaitnit parent is actually a spirit who is related to the white parent, a great-great-great-great-grandparent of the white individual, who has now returned to the world through this inter-racial coupling, this white spirit will have been born in this lifetime with a body of color. This child may be light brown. However, that melanin, that color will not re-align this spirit with Divinity. This is still a spirit of disorder, only now operating through a body of color. This spirit, now “mulatto” or other, is **not** Afurakani or Afuraitkaitnit. This spirit is **not** connected to the **Abosom, Orisha, Vodou**, the Deities in any fashion, nor is this spirit connected to the Honorable Ancestresses and Ancestors of Afuraka/Afuraitkait. And we have numerous mechanisms including forms of divination that easily identify the identity of a child born through miscegenation or inter-racial coupling. It can be easily determined whether or not this “bi-racial” child is a white spirit who has returned through the womb or an Afurakani/Afuraitkaitnit spirit who has returned through the womb.

A car without an engine will not function properly. It does not matter if the car has a transmission and is given a brand new exterior, a brand new body. The vehicle without an engine is not a true vehicle. A white discarnate spirit, a spirit of disorder, entering the womb through miscegenation will receive a new “bi-racial” body, a new exterior. However, this spirit of disorder has no engine, no *ka* or *kait*, no *okera*, no *ori inu*, no soul, no Divine consciousness. Just as a new body cannot give the car an engine, the new melanin-dominant body within which this white spirit now dwells cannot give this spirit a soul. This is not an Afurakani/Afuraitkaitnit individual. Furthermore, there are spirits of disorder, the whites and their offspring who will foolishly attempt to convince misguided Afurakanu/Afuraitkaitnut that they, the whites, were black in previous lifetimes and are therefore okay, one of us. This is akin to a cell in the body which came into being as a defective, mutant cell telling a normal cell that I was once normal, so I’m okay. This is a lie. If an individual stands before you and is one of the whites and their offspring, it proves that they are a spirit of disorder, or else, they would never have incarnated that way. Any previously Afurakani/Afuraitkaitnit spirit who “returns” as a white individual is not okay, they are what the whites in their own language and foolish cosmology would describe as “cursed”. From the true Afurakani/Afuraitkaitnit perspective, they are spirits of disorder, without an *okera*, a soul. There is absolutely no possibility whatsoever of them regaining the status of Afurakani/Afuraitkaitnit now or in any future incarnation. They will remain spirits of disorder until their spirits are disintegrated. There is absolutely no exception to this reality. None.

The nature of Afurakani/Afuraitkaitnit people causes us to recognize the Divine Order of creation and respect our place within that Divine Order. Through the practice of Afurakani/Afuraitkaitnit Ancestral Religion, we incorporate that which we need to harmonize with Divine Order and restore balance to our existence when imbalance, disorder manifests itself. This is how we develop **suban pa**, good character and it is through good character, *suban pa*, that we are able to live an ethical life consistently. Ethical living **bo bra pa**, is a lifestyle which demonstrates our awareness of our relationship to The Supreme Being and our consistent functioning within that awareness. To be Afurakani/Afuraitkaitnit is fundamentally to be your Divinely created Self.

Afurakanu/Afuraitkaitnut exude self-respect for we are spirits of Divine Order. Afurakanu/Afuraitkaitnut hate the whites and their offspring, for they are spirits of disorder. This hate, this rejection extends also to that very minute percentage of the Afurakani/Afuraitkaitnit population who have degenerated into spirits of disorder themselves. Those who prey on the greater Afurakani/Afuraitkaitnit population at the behest of the whites and their offspring, Afurakanu/Afuraitkaitnut recognize the external threat and the internal threat to our proper functioning in Creation and eliminate and neutralize the threats accordingly.

An Afurakani/Afuraitkaitnit individual does not smoke, does not drink, does not engage in drug use, is not foul, is not self destructive. An Afurakani/Afuraitkaitnit individual respects his or her physical and non-physical vehicles and is not foolish enough to undermine himself or herself through ingesting destructive substances. We are intelligent and mature enough to realize that these drugs are introduced to us by the whites and their offspring for the very purpose of destroying us. We are also not foolish enough to embrace misguided rationalizations promoted by the whites and their offspring about substances such as marijuana, which actually destroys our *abatumm*, our melanin, our sperm cells, ova, and is hated by the **Abosom, Orisha, Vodou, Arusi**, the Deities and *Nananom Nsamanfo*, the Honored Ancestresses and Ancestors.

An Afurakani/Afuraitkaitnit individual is clean, orderly, upright, focused, aware, intelligent, articulate, properly and consistently judgmental and constantly in the process of sustaining these and other related characteristics, for these are expressions of our very nature.

An Afurakani/Afuraitkaitnit individual is not controlled by lust. Lust is not elevated to Divine status. We do not disfigure our bodies by overeating, for we recognize lust (misguided desire) as the foundation of such behavior.

An Afurakani/Afuraitkaitnit individual does not engage in the insane sexually deviant practice of **dissexuality**/homosexuality. We recognize the reality that this is against life itself, while at the same time a main-stay of the culture of the whites and their offspring. We recognize the reality that dissexuality produces insanity and disorder in the body, spirit, community and the Ancestral realm. We recognize the reality that dissexuality is a perversion of Divine Order and thus against our nature.

An Afurakani/Afuraitkaitnit individual does not engage in any other form sexual deviance including, child molestation, incest, rape. Forced copulation is rape whether one is in a committed relationship, including marriage or not. Sexual deviance includes interracial relationships. Only the Afurakani male and the Afuraitkaitnit female can balance one another. No other group is capable of bringing balance to the Afurakani male or the Afuraitkaitnit female, physically or non-physically. Their spirits and bodies only bring disorder.

Sexual deviance also includes emulating the inferior characteristics of the whites and their offspring. An Afurakani/Afuraitkaitnit individual is not foolish enough to believe that melanin-recessive albinos, the whites and their offspring are capable of emanating beauty. We therefore do not straighten out our hair, with or without chemicals. We do not add extensions to our hair, straight, braided or locked. We are intelligent enough, mature enough to recognize true beauty, the manifestation of Divine Order in the world is not capable of being embellished. We do not relish white skin, but see it as it truly is--a manifestation of inherent or inherited disease, disorder. We do not carry the labels, names of our enemies, the whites and their offspring. This is insane. This is sexually deviant. For the label that you respond to is an indication of the set of vibrations you allow into your spirit to receive. white names or labels are collections of vibrations which only produce disorder. Every time one responds to such a label, he or she willingly accepts, receives, disordered vibrations into his or her spirit on some level. This is akin to voluntarily ingesting poison. There is no excuse nor is there any rationalization for any Afurakani/Afuraitkaitnit individual to carry a non-Afurakani/non-Afuraitkaitnit name. It is critical, for the **din**, the name, as a set of vibrations will be heard and received by the individual and will influence the thoughts, emotions and direction of the individual more than any other set of vibrations throughout his or her life.

Sexual deviance also includes physical abuse of one's mate. Afurakani/Afuraitkaitnit people do not beat one another. Adults do not beat adults. To engage in this behavior betrays your infantile mind-set, for it is the height of immaturity. It is insane, and also is an indication of a tendency towards dissexuality/homosexuality. To fight in self-defense is always justifiable, male or female. However, for an Afurakani man to physically assault an Afuraitkaitnit woman, without having been physically assaulted himself by the woman is to take himself out of Afurakani identity. It is to show malice for the female which is decidedly european/white and therefore gay. It is faggotry. It is anti-Afurakani/anti-Afuraitkaitnit. For it is anti-woman. For an Afuraitkaitnit woman to physically assault an Afurakani man, without having been physically assaulted herself by the man is to take herself out of Afuraitkaitnit identity. It is to show malice for the male which is decidedly european/white and therefore gay. It is lesbianesque. It is anti-Afurakani/Afuraitkaitnit. For it is anti-man.

The same principle applies to the unwarranted physical and verbal abuse of children. Some children can justifiably receive a spanking, yet the abuse of children is anti-Afurakani/Afuraitkaitnit. All physical abuse committed by Afurakani/Afuraitkaitnit people against one another will be revisited upon them and deservedly so. It is offensive to your *okera*, your soul, it is offensive to the *Nananom Nsamanfo*, it is offensive to the **Abosom**. You will never escape the repercussions. You reap what you sow. You will be made to suffer to the same extent that you unjustifiably forced suffering on another Afurakani/Afuraitkaitnit person. Even if it includes your own deserved death. Afurakanu/Afuraitkaitnut embrace this reality fully. No exceptions.

Afurakani/Afuraitkaitnit people recognize that there is no such thing as an afrocentric or African-centered christian, or muslim, or hebrew, or rastafarian, or buddhist, or kabbalist, hindu, gnostic and so forth. The various characters in the pseudo/false holy books and pseudo-religions of the whites and their offspring are absolutely fictional and never existed of any race. This includes jesus, mooses, aaron, abraham, isaac, ishmael, jacob, david, solomon, sheba, menelik, yeshua ben pandira, buddha, allah, muhammed, bilal, the elohim, yahweh, brahmin, the devas and devis. These are fictional, cartoon characters designed by the whites and their offspring to enslave the spirits of Afurakanu/Afuraitkaitnut and we are absolute fools when we accept them on any level whatsoever. Afurakani/Afuraitkaitnit people also recognize that the bible, quran, kebra negast, talmud, dhamapadas, rigveda, bhagavadgita, bardo thosgrol, kabbala, and others are perverted fragments, **perverted fragments**, of writings that the whites and their offspring stole from ancient Kamit. We are absolute fools when we accept any of them on any level whatsoever.

Afurakani/Afuraitkaitnit people recognize the reality that spirituality and religion are identical. It is pseudo-religion which is not identical to spirituality. It is foolish to classify christianity, judaism, hebrewism, islam, hinduism, buddhism, rastafarianism, sufism, etc. as religions or authentic ways of life. For they were all produced and came into being by the hand of the anti-life individuals, the whites and their offspring.

Afurakani/Afuraitkaitnit people have self-respect. We do not respect fake religion. We reject fake religion. We hate fake religion. We study our own authentic original writings in connection with our oral transmissions and ritual experience. We study our own trustory and not the manufactured his-story of our enemies. We therefore know who we are, who our enemies are, what our function in the world is, how to execute that function, how to sustain ourselves within our endeavors and how to defend ourselves fully.

An Afurakani/Afuraitkait individual does not participate in any fashion whatsoever in the foolish so-called holidays of the whites and their offspring. You are lying to yourself and supporting disorder when creating foolish rationalizations about why you participate in these observances which are always celebrations of the

ascendancy of disorder in the world via the whites and their offspring. An Afurakani/Afuraitkaitnit individual respects and honors sacred observations related to Afurakani/Afuraitkaitnit culture and religion only. Any excuses to the contrary is a measure of your own mental slavery and defilement.

An Afurakani/Afuraitkaitnit individual recognizes the value of Ancestral Clans, Divine organization and nationalism as an expression of Divine Order. Just as the cells of your body are organized into various Clans, nations, and function harmoniously, so are we organized by The Supreme Being into various interdependent groups. True nationalism, and what is called pan-africanism is thus implicit in the name Afurakani/Afuraitkaitnit. We do not attempt to incorporate the foolish misguided definitions of nationalism and pan-africanism promoted by the whites and their offspring and the misguided members of the Afurakani/Afuraitkaitnit population. Pan-Africanism does not include white arabs or any other non-Afurakanu/non-Afuraitkaitnut. Nationalism does not direct one to support all “oppressed” peoples in the world. Our duty is to Afurakanu/Afuraitkaitnut alone. Spirits of disorder, non-Afurakanu/non-Afuraitkaitnut are not a component part of this Divine equation.

An Afurakani/Afuraitkaitnit individual distinguishes between an honored Ancestor or Ancestress, and those who are not honorable. We venerate, communicate and receive guidance from our *Nananom Nsamanfo*, our Honorable, spiritually cultivated Ancestresses and Ancestors. Yet, we reject the **nsaman bone**, the dishonorable, evil, destructive deceased spirit from our own clan. They need to reap what they have sown alone.

An Afurakani/Afuraitkaitnit individual distinguishes between *Nananom Mpanyinfo*, honorable Elders and Elderesses and those who are **kwaseapanyin**, the foolish elder or foolish elderess. We receive guidance from the *Nananom Mpanyinfo*, but we reject the misjudgments and misguided directives of the *kwaseapanyin*, the foolish elder or foolish elderess who would otherwise lead us into disorder. Just because one is older, does not make one an elder. This recognition is essentially Afurakani/Afuraitkaitnit, for our entire way of life is based on respect, veneration and harmony with true Elders/Elderesses, true *Nananom*, beginning with our Greatest *Nananom*, **Nana Nyame** and **Nana Nyamewaa**, the Father and Mother Supreme Being, the **Abosom**, the *Nananom Nsamanfo* and the *Nananom Mpanyinfo*. Adherence to these *Nananom* is adherence to the pathway of **Nyamewaa-Nyame Nhyehyee**, Divine Order.

An Afurakani/Afuraitkaitnit individual does not engage in criminality, support criminality, does not revere criminality, does not respect criminality. An Afurakani/Afuraitkaitnit individual does not support, embrace or revere the unjust rules, so-called laws, of the whites and their offspring. Afurakanu/Afuraitkaitnut can only naturally support Divine Order and to hate, reject disorder and its purveyors.

This in essence is what it means to be Afurakani/Afuraitkaitnit. It is to be yourself, to embrace your nature, to embrace and accept the Divine function you were given to execute in the world by **Nyamewaa-Nyame**. It is to be **maakheru/maatkheru**. . .”

Me din de Kwesi Ra Nehem Ptah Akhan. Nne ye Maakheru da.

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Redefining Beauty

by **Yoofiwaa Kyekye**

In 1967 Aretha Franklin released her album entitled '**Aretha: Soul Lady**'. One of the most memorable songs from that album was '**You Make Me Feel Like A Natural Woman**'. The context in which she used the term "Natural Woman" was a woman in her purest, genuine, unaltered, unadulterated form; the essence of her true feminine beauty inside and out. It's the part of a woman that is content with who she is, feeling happy and free being herself knowing her man loves her just as she was created. But when we analyze the beauty industry, how and what it markets, we notice it encourages our women to be anything but 'natural'. In fact, we're encouraged to be completely the opposite. We're buying fake hair, fake hair color, fake hair textures, fake nails, fake eyelashes, fake contact lenses, girdles that falsify our bodies' shape, breast enhancements and cosmetics to 'make over' our entire face. There's nothing 'natural' about it.

I read one european misdefinition of power as being the ability to define reality and to get others to accept your definition of reality as their own. Beauty is defined in any given european-controlled or european influenced society by the powers of that society to benefit the powers of that society. Although Afuraitkaitnit women are subjected to, judged by and judge other women by these pre-defined concepts (or standards) of beauty, rarely do any of them make a conscious decision of approval on the standard or research the trustory behind it to determine if it's good for them today. It's usually never even questioned.

The women of the **Mursi** people of **Afuraka/Afuraitkait** (Africa) wear what's called a *lip plate* in their lower lip. When preparing for marriage, their two bottom front teeth are pulled and a slit is cut into their bottom lip which is then stretched with sticks for the insertion of the lip plate. The size of the lip plate is a determinant for the size of the dowry to be paid to the bride's family; the larger the plate, the larger the dowry. Although the origin of this tradition is not confirmed, some believe it was a means to make their women less appealing to the whites and their offspring to avoid being kidnapped and enslaved. Eventually it became a standard of beauty for that society and some of the women became amenable to this disfigurement in order to fit themselves within that standard of beauty without question. Before passing mis-judgment and dismissing this practice as 'primitive', women in this society do far more self mutilating things in the name of beauty (i.e. breast enlargement/reduction/reshaping, liposuction, facelifts, nose reconstruction, removing bones from feet, removing lower ribs, teeth extraction for braces, etc.).

Unlike the *Mursi* who are all of the same culture, we live in a country that is filled with people of many different races and cultures. Yet there is still a single standard for beauty as defined by the europeans of this society and for the benefit of the europeans of this society. Afuraitkaitnit Women naturally don't fit within

that standard and some will do whatever they can to reconfigure and redefine themselves to conform to it. Rather than stating the obvious, let's look at some of the activities of the Afuraitkaitnit women in this country when they dress themselves up to be beautiful to see if we can uncover this standard of beauty as pre-defined in America, the so-called melting pot.

We'll start with our little girls. When we dress up our little princesses for a special occasion (i.e. graduations, formals, public performances, weddings, etc.), we have a picture imbedded in our psyche of what would make her look beautiful. In fact, I'm sure most of you, the readers, had a visual that automatically came to mind upon reading the words 'our little princesses'. We are willing to purchase the 'latest style' of dress, shoes, socks and purse for our princesses; nothing is too good for them. The dresses are often filled with lace which cover a petticoat to help the dress flair out on the bottom. The socks are also filled with lace and the shoes are patent leather. If she doesn't have a perm [yet], we get her hair pressed, and we put hair styles on them that allow their [now] straight hair to hang loosely. The most common style is to pull part of the hair up into a ponytail on top, tied with a long ribbon, and let the rest of the hair hang loosely in the back. Now is this look accentuating the natural beauty of our little princess or does it alter her natural look to fit within a pre-defined standard of beauty for little girls in this society? Some of the clothes are quite itchy and uncomfortable, like the petticoat and lace socks, and we all know that sometimes getting her hair pressed, curled or flat ironed means she'll probably get burned. But we justify it to them by saying things like, "You have to pay a price for beauty"; which teaches them to ignore the hardships they are forced to endure to hide their natural beauty and that reconfiguring themselves to fit within a pre-defined standard of beauty that doesn't include them in their natural state is synonymous with feminine beauty.

When Afuraitkaitnit women beautify ourselves, we spare no expense. We will shop at every store until we find the perfect outfit for the occasion. We want the most glamorous clothes, banging shoes, with perfectly matching handbag and jewelry. Some of us aren't satisfied until we're 'name brand' down from our hats, to our clothes, to our handbag, to our accessories and shoes. Some women will wear a pair of shoes that she thinks 'sets off' her outfit even if the shoes cut off circulation to her feet. And don't forget the crown; the hairdo! Hair is such a big deal to Afuraitkaitnit women that the Black hair industry, by itself, generates billions of dollars per year. The first thing the vast majority of us do is relax the natural curl out of our hair with chemicals to straighten or perm it. Some of us add asian hair to our head to give it length or replenish the fullness it lost during the straightening process. Then flattening or curling irons are used to put the hair into the latest style. By the time we're done with just the shoes and hair, we've spent \$200 or more for an event that lasts only a few hours. Then come the finishing touches, the 'make over'. I've even heard some women describe this process as 'putting on their face' as though the one they woke up with belonged to somebody else. When an Afuraitkaitnit woman has completed all these rituals, she doesn't want to think about coming in contact with anything natural (wind, water, sun, sweat, etc.) for fear it will undo this fragile beauty makeover/fakeover. We all are, have been, and/or know somebody who is guilty of some or all of these rituals. It's clear that none of these rituals accentuate the natural beauty of our women; they alter our natural look to fit within a pre-defined standard of beauty for women, as defined by this society, which doesn't include us in our natural state.

I recently peaked in on a 'Tea Party' given by Afuraitkaitnit women for Afuraitkaitnit mothers and their teenaged daughters. Everyone was dressed up in their Sunday best: light or bright spring colors, with matching hats and gloves, and face made over with cosmetics. What I was told is they were teaching the young ladies proper etiquette, grace and elegance in preparation for their cotillion to present them to society.

A cotillion is a tradition that originated with the French and made it's way to america and into our community through the Islands and New Orleans where the practice was to choose young ladies whose skin complexion was lighter than a brown paper bag to supposedly teach them 'proper etiquette, grace and elegance' in preparation for being presented to society. In actuality what was happening is they were being trained to be the personification of 'a lady' as defined by wealthy white men and the 'presentation to society' was these young ladies were paraded in front of white men to be chosen to be their mistress. At least 90% of the women and teenagers at this 'Tea Party' wouldn't have been chosen to participate in the process, historically, because their skin was too dark. Why would they want to uphold or perpetuate a tradition that historically was introduced to them by their oppressor, for the purpose of their entertainment, and excluded most of them solely because of the color of their skin?

Through malicious propaganda, strategic marketing campaigns and negative media hype, lies perpetrated as truths, we've been systematically coerced into subconsciously equating black with ugly, unattractiveness and evil. So ingrained in our spirit is this false notion that we use the word black and all related characteristics in a negative connotation as though they are adjectives that describe negative things (i.e. black bitch, black whore, nappy headed whore, etc.). We've been conditioned to think that dark skin, big lips, high cheekbones, big butts, and curly hair are unattractive characteristics **when they're attached to an Afuraitkaitnit woman**. Since we don't want to be ugly (black), we straighten our hair, bleach our skin, and some of the financially able reconstruct their facial features to 'soften the ethnicity'. Others look for mates based on their less than ethnic features and hair texture so their children can have lighter skin and "good hair". I spoke with a teenager recently who said as we spoke about being in the sun, "I don't want to get black because that's yuck!" Mind you, this young sister is naturally dark skinned, so in essence she's saying she doesn't want to be what she already is.

But you'll notice that when white women go to the tanning beds to darken their skin; to the plastic surgeon to fatten their lips, cheekbones and butt cheeks; when they go to the salon to 'perm' (curl) their hair, all of a sudden these same characteristics become beautiful. The propaganda is clear: it doesn't matter what Afuraitkaitnit women do to portray ourselves as beautiful, it doesn't matter how hard we try to reconfigure ourselves to fit within the pre-defined standard of beauty as defined by this society; because what you are (Black) has also been defined by this society and, in your natural state, that definition is 'ugly' which benefits the so-called powers of this society. Remember that definition above of power is *the ability to define reality and to get others to accept that definition as their own*. So we should be asking ourselves, who defined long wavy hair as more attractive than short kinky hair as a reality? Who defined dark eyes as less attractive than hazel or blue eyes as a reality? Who defined white or light skin as more attractive than dark skin to be reality? Who and how does that reality benefit? And why have we accepted these definitions of beauty which don't include us into our reality and as our own?

Afuraitkaitnit women are the original women of the Earth. Scientists have confirmed that the oldest bones discovered of any person are the bones of an Afuraitkaitnit female. We predate every so-called race of people that currently walk the earth! We predate the straightening comb, the curling iron, and perms. We predate the propaganda perpetrated by the whites and their offspring around their made-over concept of beauty that some of us subject ourselves to today. We are the "Original Natural Woman"; the only woman who was '**created**' through and in harmony with **Nyamewaa/Nyame Nhyehyee** (Divine Order). All other women and men came from or through us. Therefore **WE** are the original standard of beauty and the standard by which all other women are measured in every aspect of womanhood; not the other way around.

In our natural state, **WE ARE BEAUTY** because we are the authoresses of it! We must take the time to uncover and redefine beauty for ourselves, our daughters and our community. Not in the corrupted manner that the whites and their offspring have done by using the concept of beauty as an instrument to enslave by systematically instilling and perpetuating self directed malevolent behavior among Afurakani/Afuraitkaitnit people. We must uncover the true-story about beauty, 'its original definition', and embrace the true, original 'standard of beauty' which is the Afuraitkaitnit woman and her 'natural' physical characteristics in her natural state.

Nuabea (Sister) **Yoofiwaa Kyekye** is the CEO of **NKWA, Inc.:** www.nkwainc.com

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Dangers of Immunizations

by **Yoofiwa Kyekye**

As state legislators continue to mandate vaccinations as prerequisites for education, it is increasingly important to not only be aware of the dangers of immunizations but also to know your right to refuse and how to exercise that right. To immunize, by definition, is to make someone resistant to a disease. But western medicine attempts to accomplish immunization by injecting particles of the actual disease into the body assuming the body will develop immunity against that particular disease. Children's young systems have many varying reactions to vaccinations from mild (sluggishness, crankiness, fevers, skin irritations at injection site, etc.) to severe (arthritis, breathing problems, the immunized disease and even death). The disclaimers provided by the manufacturers of these vaccine drugs indicate they are fully aware that vaccinations don't prevent disease and, in some cases, can cause disease; so the adult patient and or guardian of minors are asked to sign waivers indicating they are aware of the dangers and will not hold the company liable.

A recent FDA-approved vaccine making headlines today is **Gardasil** which is said to prevent human papillomavirus (HPV). There are more than 100 types of HPV; fewer than 15 are considered "high risk" and thought to be linked to cervical cancer. Gardasil claims to vaccinate against four of them: 6 and 11 are linked to genital warts and 16 and 18 assumed to be linked to cervical cancer. Examine how Merck, the manufacturer of Gardasil and many other state-mandated vaccine products (see below), skillfully states "*GARDASIL is the only vaccine that may help guard against diseases that are caused by human papillomavirus (HPV) Types 6, 11, 16, and 18*". No published data was found that proves HPV actually causes cervical cancer; the medical community assumes it does simply because some 90% of cervical cancers tested contained HPV. Alternatively, there are some cervical cancers that don't support the theory since they have no HPV in them. What was proven and is common knowledge among the medical community is for as much as 90+% of the population, all HPV (including the 'high risk' ones assumed to cause cancer) will clear up naturally by the body's immune system without treatment or vaccination.

There are state legislators who are mandating the HPV vaccination in all girls between 11 – 12 years of age. On February 2, [13007] 2007 the governor of Texas mandated the HPV vaccine be administered to all girls entering the sixth grade in [13008] 2008. Other states are already making headlines with their intent to follow suit.

The marketing campaign "One Less" appeals to people's fear of dying saying the recipient of the vaccine can be or become one less woman to develop or die from cervical cancer. What is not being said in these

campaigns is 1) the data that was used to prove Gardasil's effectiveness was collected and compiled from studies performed by Merck, the company that produces and profits from the product; 2) there have been no independent studies to validate Merck's alleged findings, 3) there isn't any information on the long term affects of giving this drug to young girls who are still physically and sexually developing; and 4) there was no data on the affects of combining Gardasil with other vaccines, as is common in preparation to meet school requirements, except hepatitis B. What they do say is Gardasil doesn't protect against all cervical cancers and that regular screenings for early detection are still recommended whether or not the vaccine is received; so what is the point of the vaccine?

With no proof that HPV actually causes cancer, the fact that HPV generally goes away on it's own for most people, and regular screenings are still required, what's the point in the vaccine? It has been FDA-approved for less than a year and already there are state mandates in place. Why would there be such an urgent need to mandate that all girls be immunized with Gardasil?

In [13001] 2001, Merck's stock was over \$77 per share. After the Vioxx fiasco and it's eventual withdrawal from the market, Merck's stock plummeted to less than half at \$33 per share in 4th quarter of [13004] 2004, lower than \$28 per share by February 1, [13005] 2005. Since the FDA approval of Gardasil, Merck's stock has been on a consistent incline with a low of approximately \$33 per share to at least \$44 per share. With a volume of over 20 billion shares that's an overall value increase of more than \$220 billion dollars in less than one year; pre-mandated. Once the Texas mandate becomes effective with the [13008] 2008 school year, when you consider the number of 6th grade girls in the state of Texas alone that will require the vaccine, at \$360 per child we can expect Merck's cashflow to significantly increase and the market value of their stock to see even larger profit margins. Merck also manufactures the following vaccines, some of which you will readily recognize as state mandated vaccines:

Comvax (HepB.Hib)	Recombivax (HepB)
Vaqta (Hep A)	PedvaxHib (Hib-PRP-OMP)
ProQuad Measles	Mumps, Rubella, Varicella (MMR/Varicella)
Pneumovax (PPV23)	RotaTeq (Rotavirus, pentavalent),
Varivax Chickenpox	Gardasil (HPV)

All drugs (including sugar) have side affects. Legal mandated vaccines, along with the American diet, support the American economy by producing perpetual patients.

Some may say, "it's better to vaccinate and be safe"; but vaccinating is not necessarily playing it safe. Merck is playing it safe by noting in the Gardasil packet inserts as precautions: "...vaccination with GARDASIL may not result in protection in all vaccine recipients:"; "GARDASIL has not been evaluated for the potential to cause carcinogenicity or genotoxicity" "It is not known whether vaccine antigens or antibodies induced by the vaccine are excreted in human milk." For them to note they hadn't evaluated Gardasil for carcinogenicity (cancer causing) or genotoxicity (mutates DNA) simply means they didn't find any positive results they could report to the contrary. Otherwise they would have overemphasized it as they did the claim to "*..help guard against diseases that are caused by human papillomavirus (HPV).*"

Still not convinced? Did you know that during World War II America's director of biological weapons industry was George W. Merck; the then president of "Merck and Companies"? Did you also know that President Harry Truman's authorization of a project called "Operation Paperclip" which brought scientists from nazi germany to the u.s. to help the u.s. government efforts to advance biological, chemical, pharmaceutical and missile weaponry? These scientists were given new identities and jobs with the u.s. government and private pharmaceutical companies and allowed to continue their biological warfare type studies in america, south america, and Afuraka/Afuraitkait (Africa). It is well documented and easily researched that "Merck and Companies" received a considerable amount of money from nazi germany.

More importantly, we need to understand how our body is designed to work. Our body was created to heal itself. Outward proof of that is when your skin is cut, a healthy person's immune system will work to heal that cut whether or not anything is administered to help it along. Inwardly our immune system has different levels of defense that continuously work on our behalf to fight against bacteria and viruses we come in contact with. For example our lymphocytes (a type of white blood cell) are constantly patrolling the body on a 'seek and destroy' mission looking for cancerous cells. When one is uncovered the lymphocyte attacks it and sends a signal to the immune system to produce B and T cells to aid in the destruction of the invading cell. Conversely, cancerous cells have intelligence and are adaptable, changing themselves once identified by the immune system in order to survive. The presence of bacteria and/or viruses (i.e. HPV) in a body with a healthy immune system triggers the aforementioned exercise in the immune system, strengthening it to be able to identify and overcome this and other virus or bacteria no matter what shape or form they evolve into. To immunize the body against it can actually cause the person and the children of those who receive this immunization, to be more susceptible in the future since their body has not exercised or built up 'it's own' immunities to keep up with the intelligence of the cancerous cells. This is how our body was created to function. We just need to provide our body with the elements it needs to function optimally. We must also understand that the most important healthcare plan starts at home with proper eating habits.

There are many things you can do to boost your and your children's immune system naturally, to protect and fight against whatever diseases you're exposed to. A natural food diet, natural vitamins and herbs, and regular exercise will play a huge role in the strength and effectiveness of your immune system and its ability to ward off or fight disease. We should also get back to our roots (herbs) to help maintain our health. Like the Elders/Elderesses used to say, "An ounce of prevention is worth a pound of cure".

What does all this mean to Afurakanu/Afuraitkaitnut (Africans)? This is yet another instrument connected with the guile systemic undertones of the american way which ultimately leads to the genocide of Afurakanu/Afuraitkaitnut (Africans) in america and worldwide. They continue to operate germany's 'ethnic cleansing' (genocidal) efforts under the more subtle guises of vaccination, sterilization (vasectomy, tubal ligation, etc.) and contraception, with neatly packaged advertising that plays on our desire to live and coerces us into voluntarily participating in their plan. This time they are targeting the wombs of our next generation of women. The best way to defeat an enemy is to lead them to believe they are not at war (Trojan horse theory).

So what can you do to protect yourself and your family against forced vaccinations? Parents and students over 18 years of age have a right to refuse any vaccination. Senate Bill #942, Section 1, Chapter 7 under the title "Exemption From Immunization" states:

3380 - IN ENACTING THIS CHAPTER, IT IS THE INTENT OF THE LEGISLATURE TO PROVIDE: © EXEMPTION FROM IMMUNIZATION FOR MEDICAL REASONS OR FOR PERSONAL BELIEFS.

3385 - IMMUNIZATIONS OF A PERSON SHALL NOT BE REQUIRED FOR ADMISSIONS TO A SCHOOL OR OTHER INSTITUTION ... IF THE GUARDIAN, PARENT, OR ADULT WHO HAS ASSUMED RESPONSIBILITY FOR HIS OR HER CUSTODY AND CARE IN THE CASE OF A MINOR, OR THE PERSON SEEKING ADMISSION. FILES WITH THE GOVERNING AUTHORITY, A LETTER OR AFFIDAVIT STATING THAT SUCH VACCINATIONS ARE CONTRARY TO HIS/HER BELIEFS.

Any school or medical authority which tries to enforce vaccinations on children or anyone else is in violation of the laws of the united states constitution, and may be subject to prosecution.

Amendment 14 of the united states constitution: No state shall make or impose any law which shall abridge the privileges or immunities of the citizens of the united states, nor shall any state deprive any person of life, liberty, or property.

Amendment 4 of the united states constitution: “ the rights of the people to be secure in their persons shall not be violated”

So even in cases where it's legally mandated, you still have the legal right as an adult or parent to do or not do what you believe is in the best interest of yourself and your child; whether that belief is religious or personal. Properly exercising this right in accordance with the laws of the state you reside in will not prevent your child from attending school. Some states and/or school districts have a standard form that you can get from the Department of Health Services for that state, while others may only require a notarized statement invoking that right pursuant to Senate Bill #942.

Don't believe the hype; open your minds to the big picture. Like Dr. Harry X. Davidson said, "Someone's Trying To Kill You". These lawmakers are stockholders in Merck, GlaxoSmithKline, Aventis Pasteur, etc. and are more interested in personal gain and promoting the american way than they are in your health. Trustory confirms for us that the american way is destructive to all Afurakanu/Afuraitkaitnut. We can not allow the whites and their offspring to hold the key to our health in their hands because, their track record clearly shows they will exploit it and ultimately destroy it. We must take our health and the health of our family into our own hands. If you have a regular family medical doctor and that doctor is uneasy or unwilling to share the decision making process of your family's health with you, then fire him/her and get another doctor. After all, they only stand to lose a patient.

Nuabea (Sister) Yoofiwaa Kyekye is the CEO of NKWA, Inc.: www.nkwainc.com

AMENMENSEM

AHODWIRA

NKOMMERE

Nanasom, Afurakani/Afuraitkaitnit Ancestral Religion, is the ritual means by which we establish and maintain **Nyamewaa-Nyame Nhyehyee**, The Supreme Being's Structure--Divine Order--in our lives. The essence of *Nanasom* is thus: *the ritual incorporation of Divine Law and the ritual restoration of Divine Balance*. Through ritual, we incorporate those things we need in order to execute our divine function in the world and through ritual we restore balance to our lives when imbalance occurs. *Nanasom* is the ritual vehicle of **mmara ne kyi** (law and hate). It is the means by which we accept Order and reject disorder.

The ritual centerpiece of *Nanasom* for all Afurakanu/Afuraitkaitnut is the ritual of **Nsamankom** or Ancestral communication. Opening the lines of communication with the **Nananom Nsamanfo** (your spiritually cultivated Ancestresses and Ancestors) is an act of maturity, for it demonstrates that the Afurakani/Afuraitkaitnit individual understands **Nyamewaa-Nyame Nhyehyee** and the integral part that the *Nananom Nsamanfo* play in relation to us within this Divine Structure. Central to the ritual of *Nsamankom* is the establishing of some form of **nkommere**, or Ancestral shrine/altar/space. While the *Nananom Nsamanfo* are always connected to us, wherever we are in the world, we do set aside time and a place for Them in order to interact in a more focused manner.

If you invited your great-grandparents to your home to have a conversation, you could possibly leave your great-grandparents in the front of the house while you went to the back-room of the house to shout the conversation from back to front. While the great-grandparents as invited guests would be able to hear the shouted comments, and would be capable of responding by shouting comments to the other room themselves, the conversation would be more meaningful, direct and profound if everyone was in the same room. In this way you would not only hear what your great-grandparents had to say, but would be better able to attune yourself to your great-grandparents' body language, energy projections, facial expressions and so on. The same is the case with the *Nananom Nsamanfo*. While we can communicate with Them at anytime and anyplace, we establish the *nkommere* to have a more direct communication with the *Nananom Nsamanfo*, a more focused communication with Them. This is because Afurakanu/Afuraitkaitnut respect the law of **bere**.

In the *Twi* language of the Akan, *bere* means: *time; space, place; manner*. Creation is rooted in **Nyamewaa-Nyame Nhyehyee**, the Divine Order. All *created* things/entities thus have their own *space, manner* of functioning and *time* to operate within this arrangement, this order, this *nhyehyee*.

Understanding the Divine nature of *bere*, thus guides us to establish a *time, space* and *manner* of communicating with the *Nananom Nsamanfo* so that we are optimally focused and thus able to receive the optimal benefit from the communication. The establishment of the *nkommere* is thus a manifestation of respect. *Respect in the sense that we recognize the reality of bere within the context of Nyamewaa-Nyame Nhyehyee, the Created Order, and endeavor only to harmonize with It.*

Just as you understand that there is a best time, space and manner to rejuvenate your physical person (through the sleeping process) and you engage in that ritual nightly, so do mature Afurakanu/Afuraitkaitnut understand that the rejuvenation of the **sunsum** (spirit) is affected best through respecting *bere*-time, space and manner of operating--when seeking guidance from the *Nananom Nsamanfo*. In the *Twi* language, the term **nkom** means *to communicate; prophecy, spiritual communication*. The related term **nkommo** means *conversation*. The term used by **Aakhuamuman Amaruka Atifi mu** (Akwamu Nation in North America), *nkommere* (*nkom bere*) describes a place (*bere*) where we take time (*bere*) to receive spiritual communication (*nkom*) and engage in spiritual communion/conversation (*nkommo*) in a particular manner (*bere*). This could be an **Nsamankommere** (Ancestral space/shrine) or **Abosomkommere** (Deity space/shrine). There are a number of terms that can be used to describe such a space.

There are many ways to establish an *nkommere* and your *Nananom Nsamanfo* will ultimately guide you as to what They want and do not want incorporated in the structure. We suggest seven fundamental items:

Incense (frankincense or frankincense and myrrh)

1 clear glass bowl of water

1 white seven-day candle (unscented)

1 vessel/cup/gourd (for **ohwie**, pouring libation)

1 stone from **Asaase** (Earth)

A representation of the Divine balance of male and female (*e.g. a male and female husband/wife sculpture set from Afuraka/ Afuraitkait; a papyrus of Ausar and Auset, Amen and Amenet, etc.*)

1 white cloth to place the items on

We utilize the same elements that **Ra** and **Rait** (the Creator and the Creatress) used to create the world: *ogya, nsuo, asaase, mframa* (*fire, water, earth, air*) in order to create a miniature world for the *Nananom Nsamanfo* to take up residence in temporarily. You are a *sunsum* (spirit) with a physical body. The *Nsamanfo* are *Asunsum* (spirits) and now you have given Them a physical space to dwell in. The communication/exchange between you and Them now becomes equally spiritual and physical. Your *sunsum* will attune with Their *asunsum* and even your physical body will resonate according to the energy being transmitted from the *Nsamanfo* through the physical space/shrine you set aside for Them.

Our *Nananom Nsamanfo* in ancient **Kamit** (ancient Black civilization of Egypt) burned candles day and night in the **Abosomfie** (temples of the **Ntoru** and **Ntorotu** (*Neteru* and *Netertu*), the Gods and Goddesses). The greek invaders commented on this, imitated it and eventually incorporated the practice into the fake religions they manufactured which would later be known as catholicism and judaism. Centuries later the practice would be perpetuated by those Afurakanu/Afuraitkaitnut who were enslaved by catholic and jewish slavers. There are a number of reasons why certain *Nananom Nsamanfo* guide some of us to use **ogya, fire**, on the *nkommere*. *Ogya* is purifying, burning away the perverse. It is illuminating, helping to develop our spiritual sight. Moreover, some of us are connected to *Abosom* Whom are *Abosom* of *ogya* and/or *Nsamanfo* who carry the **tumi** (*energy/power*) of *ogya*.

The use of incense was also an important part of ritual in the *Abosomfie* in Kamit. The general term for incense in the language of Kamit is **sa-ntoro** (*se-neter*), which means, *to cause/make Divine*. It is used to purify in order to make the area, object(s) or individual(s) suitable for communication with the *Abosom* and *Nananom Nsamanfo*. At the same time incense is part of the evocatory or invocatory process. It helps to provoke (call) the Divine, the *Abosom* and *Nananom Nsamanfo* to come forth.

Because of our indoctrination with the false religions and perverse culture of the **akyiwadefo** (the spirits of disorder/the whites and their offspring) we have taken on the foolish and imbalanced view that male is dominant and female is inferior or that female is dominant and male is inferior. It is therefore important to have a representation of the Divine Balance of male and female on the *nkommere* so that when ritualized, the *tumi* proceeding from the *nkommere* constantly aligns us and realigns us with this most fundamental reality of Creation: Male and Female are two halves of a Divine whole. We awaken an innate respect for ourselves, for each other as Afurakanu/Afuraitkaitnut and for the male-female Balance manifest in all aspects of the *created* Universe.

The stone that you place on your shrine is one that you will retrieve from outside, one that you are guided to use. It carries the *tumi* of **Asaase Afua** (Earth Mother) which literally/magnetically grounds your *sunsum* as well as the *asunsum* of the *Nananom Nsamanfo* at the *nkommere*. The communications/lessons you receive also become grounded (retained) within you.

We suggest that you bathe/cleanse yourself and cleanse the area before going to set up the *nkommere* and before approaching it. Put on white clothing. Do not consume any alcohol or other drugs including cigarettes, cigars, marijuana, illicit drugs, etc. before going to the *nkommere* [Certainly, we should not be consuming these toxic substances at any time. They are manufactured and promoted by the whites and their offspring as chemical and biological weapons of mass destruction specifically for Afurakanu/Afuraitkaitnut]. Burn the incense and use the smoke to purify yourself and the area. Spread out the white cloth and place the various elements on it. We suggest placing the *nkommere* on the west wall or in the western area of the dwelling place, however, allow your **okra** (soul) and your *Nananom Nsamanfo* to guide you to the right place that They want to be, and to the manner in which the various elements are arranged on the cloth. Place the incense in a holder/burner on the *nkommere*. Light the candle. Fill the bowl partially with water. You should give an offering of food/fruit before pouring the libation. Fill the cup/gourd with water and pour libation into the bowl of existing water. Call on the Supreme Being, Mother and Father, the Deities and your Honorable Ancestresses and Ancestors. In Akan, this would be **Nyamewaa** and **Nyame**, the **Abosom** and the **Nananom Nsamanfo**. After invoking the Deities and evoking the Ancestresses and Ancestors, **sit down and listen**. When you feel that you have communed with the *Nananom Nsamanfo* satisfactorily, ask if it is okay to conclude. If so then end your conversation/communion by thanking Them (**meda ase**). These are your blood relatives that you are communing with. Some recent, some ancient—thousands of years old. In any event, you ask if you can be excused, just as you expect your great-grandchildren will ask if they can be excused after conversing with you for awhile. The *Nananom Nsamanfo* will urge you strongly as to whether or not it is time for the session/conversation should conclude.

The more that you go to the *nkommere*, the more that you will become receptive. You will begin to feel and/or see, hear, sense the presence of the *Nananom Nsamanfo* there as well as throughout the course of your daily life with more intensity. We as *created* entities are all connected on **Ananse's** web of *tumi*, which permeates all of Creation. It is therefore natural for us to feel the interconnectedness with the *Nananom Nsamanfo* and the *Abosom*. The *Nananom Nsamanfo* will plant thoughts in your head in the form of guidance. They will come to you in dreams. They will urge you towards certain foods or other objects to bring to Them and place on the *nkommere*. They will manifest Themselves in various ways. Remember that these are your Honorable, spiritually cultivated Ancestresses and Ancestors that you are communicating with.

Some *Nsamanfo* who were not *Nananom*, yet were good people nonetheless will sometimes come forth. Many of our deceased relatives, aunts, uncles, parents, grandparents, etc. are in this category. These **Asamanfo pa** (Good Ancestral Spirits) can be of assistance in many ways and are welcome at the *nkommere*. Your primary communication however will be with the *Nananom Nsamanfo*, Those Who have been directed by **Nyamewaa-Nyame** to guide you in the execution of your **nkrabea**, the divine function you were given to execute in the world. As you develop a stronger relationship with the *Nananom Nsamanfo*, They will direct you as to what should be added to, removed from or changed concerning the structure and fundamental items comprising the *nkommere*. They will also direct you to Afurakanu/Afuraitkaitnut of **suban pa**, *good character*, in the course of your everyday life, from whom you can learn **nokware** (truth) and receive proper guidance.

It is not necessary to contact a priest or priestess of an Afurakani/Afuraitkaitnit Ancestral Religion in order to set up your *nkommere*, just as it is not necessary to contact a priest or priestess anytime you want to talk to your own relatives. Your *Nananom Nsamanfo* may however direct you to a priest or priestess for a particular purpose. Let your own *okra* and your *Nananom Nsamanfo* be your guide. Just as there are Afurakanu/Afuraitkaitnut of *suban pa* there are also those of **suban bone**, *bad/evil character*. Those who fall into this category would attempt to profit, as a “priest” or “priestess”, off of your desire to connect with your own Ancestral spirituality. We must be aware of such exploitation and reject it outright. It does not matter how long an individual says that they have been “practicing the religion”. Your *okra* and your *Nananom Nsamanfo* are just as ancient as theirs. There are also “initiated” individuals who will unwittingly give you false information regarding Ancestral Religion because they were given false information themselves. They may have been “in the religion” for years, yet have been unwittingly misguiding people for years. Do not be disarmed by a pleasant demeanor or a seemingly sharp intellect coming from such individuals. This is how many Afurakanu/Afuraitkaitnut are placed on the wrong track—against their own *okra* and *Nananom Nsamanfo*. Follow your *okra* (often manifest as your “first mind”) above all others. Harmonize with the *nokware* (truth) of your *okra* and you will **never** be guided wrong—in this the *Abosom* and *Nananom Nsamanfo* will **always** support you.

Only blood relatives are evoked at the *nkommere*, for only these individuals can be your *Nsamanfo*. Deceased friends or acquaintances, although you may be connected to them, must ultimately go to their own living relatives to connect.

You have absolutely no obligation to communicate with deceased relatives who were child molesters, murderers, rapists, criminals, alcoholics, drug addicts, child abusers, spousal/mate abusers, had bad character, etc. They must be summarily **rejected** whenever their presence is felt. These are the **Asamanfo bone** (evil/disordered ancestral spirits). They have their own spiritual development to work on. They must suffer for every injustice that they meted out to other Afurakanu/Afuraitkaitnut. Do not attempt to stand in the way of this Divine retribution. You would be attempting to subvert **Nyamewaa-Nyame Nhyehyee**. They and their spiritual cultivation are not your responsibility.

You have absolutely no obligation to deal with any non-Afurakani/non-Afuraitkaitnit deceased individuals who have polluted your peoples’ blood circle in the past or present. **Such communication is against Nyamewaa-Nyame Nhyehyee**. This includes communication with any and all white, asian, so-called native american, indian, arab, hispanic/latino/latina, etc. discarnate spirits. These groups, the *akyimadefo*, are not your Ancestresses and Ancestors. They do not qualify as *Nananom Nsamanfo* nor *Asamanfo pa*. They were simply invaders into your family blood-circle. They either forced their way in through rape or someone let them in

because they succumbed to spiritual/cultural/mental rape. They are discarnate *akyivadefo* (spirits of disorder). You have the right and responsibility to put the discarnate non-Afurakani/non-Afuraitkaitnit out. **It is a necessity that you reject all of them and all of their advances.** A parasite needs a host. When the host gets rid of the parasite, the parasite no longer has life and cannot return. It is against **Nyamewaa-Nyame Nhyehyee** to accept the *akyivadefo*. Indeed, such mis-guided acceptance is the reason why Afurakanu/Afuraitkaitnut have suffered under the domination of non-Afurakanu/non-Afuraitkaitnut. It is time to free ourselves, permanently by embracing **Nyamewaa-Nyame Nhyehyee** fully without excuses and without compromise. Developing and maintaining our spiritual immunity is just as important as maintaining our physical immunity. When we embrace this fundamental truth, we are ready to engage in meaningful dialogue with our *Nananom Nsamanfo* and derive all of the benefits associated with such dialogue.

A requisite level of purification, spiritually, must be affected before going to the *nkommere*. We must purge ourselves of all false notions of pseudo religious philosophy including all forms of christianity, islam, judaism, hebrewism, buddhism, gnosticism, kabbalism, hinduism, vedanta, rastafarianism, sufism, taoism, and all other non-Afurakanu/non-Afuraitkaitnut pseudo-religious practices. We must recognize that the various characters including jesus/yeshua, muhammed, moses, abraham, allah, buddha, brahmin, the elohim, solomon, sheba, menelik, yahweh, etc. are all fictional man-made characters who never existed. They are to be wholly rejected without compromise. We must recognize that these pseudo-religions and these fictional characters are the means by which we were indoctrinated to reject **nokwaresom**, true religion, Afurakani/Afuraitkaitnit Ancestral Religion. We would suggest that you listen to the **KUKUU-TUNTUM The Ancestral Jurisdiction** at least once and read the **UBEN-HYENG The Ancestral Summons** at least once. These works address these issues in detail and can be downloaded for free from our website at www.odwirafo.com.

A sample **mpaebo**, Akan prayer, that can be used for **ohwie** (libation):

Nana Nyame, me kyere wo nsu, na menma wo nsu
Nana Nyamewaa, me kyere wo nsu, na menma wo nsu
Osoro, *gye nsu nom*
Asaase Afua, *gye nsu nom*
Abosom nyinaa, *gye nsu nom*
Abusuafo pa, *gye nsu nom*
Me Ntoro, *gye nsu nom*
Nananom Nsamanfo, *gye nsu nom*
Me Asamanfo pa, *gye nsu nom*
Mikyia mo
Me ma mo aforebode
Me pa mo kyew, kyere me nokware
Yooo.

Nana Nyame, I show you this drink, but I do not attempt to offer it to you
Nana Nyamewaa, I show you this drink, but I do not attempt to offer it to you
Obosom of Sky/Thunder, *accept this water and drink*
Earth Mother, *accept this water and drink*
All of the Abosom, *accept this water and drink*

Matrilineal clan Ancestresses and Ancestors, *accept this water and drink*

Patrilineal clan protective Obosom, *accept this water and drink*

Spiritually Cultivated Ancestresses and Ancestors, *accept this water and drink*

Good Ancestral Spirits, *accept this water and drink*

I greet you all

I give you this offering

Please, show me truth

Yoooo.

Although the focus here is on Akan culture, the principles addressed in this writing apply to all Afurakani/Afuraitkaitnit people and can be translated into the various Afurakani/Afuraitkaitnit languages no matter what group you are from. If you do not yet know your specific **abusua** (clan) use the language of Kamit, for all Afurakanu/Afuraitkaitnut are connected to this ancient language in some manner. **At length you will be guided to the knowledge of your specific abusua by your own Nananom Nsamanfo.** When you find out your *abusua* you can then embrace your Ancestral language, study it and utilize it in ritual.

Always use an Afurakani/Afuraitkaitnit language with *ohwie* and other *mpaebo* (*prayer/provocation*), *even if it is only a one-line mpaebo*. Your *Nananom Nsamanfo* know your desires, They see you, and understand why you are coming to Them. Just as if you went to Ghana and did not speak a word of the language, yet through body language and sincerity the family you stayed with would be able to feel your spirit and get you what you need – the *Nananom Nsamanfo* operate in the same manner. They will effectively communicate with you through images, feelings and you will effectively communicate with Them through thought-images and feelings. They will speak to you in your/Their Ancestral language and you will understand Them. They will also direct you to resources so that you can learn the language. If you only know seven Afurakani/Afuraitkaitnit words, use those as your *ohwie* and as your *mpaebo*. Using the language of the *akyimadefo* is projecting disordered vibrations/energy to the *Nananom Nsamanfo*, and also back to yourself. Recognize that we are not confined by the language of the *akyimadefo*. Your *Nananom Nsamanfo* will guide you, show you who you are and get you what you need. Your *Nananom Nsamanfo* and the *Abosom* can and will communicate with you by coming into your presence, to your spirit and to your *nkommere*.

Below is a personal **nkommere** experience shared by **Yoofiwaa Kyekye**:

“ . . . I was somewhat apprehensive about setting up an nkommere. I'm not altogether sure what I was afraid of, but I believe it had to do with the rumors and superstitions that are spread when it comes to dealing with the spirit realm. But my son made his transition from this life unexpectedly on July 26, [13,006] 2006 so if there was a way to communicate with the spirit realm, I was determined to succeed at it. I set out to find all of the basic elements to put on the nkommere (fire, earth, water, air). I tried intently to be attentive to guidance from my Nananom Nsamanfo through this process. Finding the candle was easy. I found a small statue of a man and woman creating a circle with their arms and a wooden box a friend gave me, both were made in Ghana. I put some soil in it from my Son's grave for my libation in the wooden box and I used a handkerchief from his New Orleans style funeral for the white cloth. A friend of mine brought me a cup from one of the Islands for the water to use as my libation cup. While buying the incense from a local vendor, I noticed he had a jar of rocks that

his customers bring to him from trips around the world. I convinced him to give me one of those rocks. When I got back home, as I was walking from my car to the door, the wind was blowing. I noticed a leaf on the ground that had a small white feather attached to it, neither of which was being blown away. Originally I stepped over it and kept heading towards the door, but I felt a pull to go back and get it; which I did. Even after setting everything up, I was still apprehensive about going to it, but I did it anyway. My first experience at the nkommere was wonderful. As I sat still with my eyes closed in meditation, I had a pictorial vision that came to my mind that went like this:

I found myself in an unknown place. There had to be thousands of people standing in the background like a silhouette. Close to me were my Son and other Spirits who were never born. I apologized to them for anything that I may have done against them out of ignorance or for whatever reason and we all embraced. Then I noticed light coming from above us so I turned to look. I couldn't see past the light, just that there was light but the feeling I got from it was where these Spirits whom I just embraced should go. So I told them it was alright and that they should go. Each of them floated into the light as they got brighter and disappeared into it. I opened my eyes and my body felt at ease and my spirit felt content. I don't recall ever feeling so calm and satisfied in my life"

Everyone's experience at the *nkommere* will be unique to them, for the *Nananom Nsamanfo* and *Abosom* communicate in various ways. What is key is that we as Afurakanu/Afuraitkaitnut recognize the value of *nkom*, spiritual communication and its place, cosmologically, within our lives. Only then are we able to execute our **nkrabea** (Divinely allotted function) fully.

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